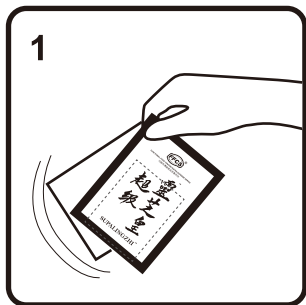


最佳沖泡超級靈芝皇方法 How to make a nice cup of SUPALINGZHI

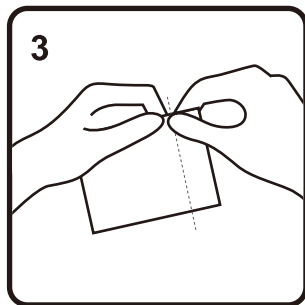
每日1次，每次1包，可按個人需要增加食用份量。1 time daily, 1 sachet each time. Can take more according to personal need.
*本產品未有添加防腐劑，打開後請盡快飲用完畢 *Please finish as soon as possible after opening as no preservatives are added in this product.*



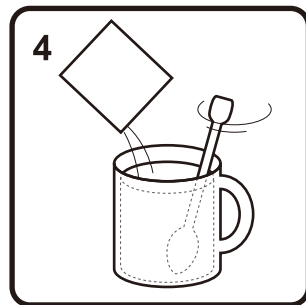
1
拆封前先將包裝搖晃數下，確保不會同時撕開裡面的小包裝
Before unpacking, shake the package a couple of times to ensure that the small inner sachet will not be torn off at the same time.



2
拆封取出包裝內的小包裝
Unpack package to take out the small inner sachet.



3
撕開小包裝，將靈芝粉末倒入杯中
Tear off the small inner sachet and pour powder into cup.



4
加入大約300至400毫升的熱水(約80℃)沖泡，即可飲用
Add around 300 to 400 ml of 80 °C brewing hot water and enjoy your drink