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# ProstePal

## 前列保



## 前列保 PROSTEPAL

主要成份：鋸棕櫚

### 甚麼是鋸棕櫚？

鋸棕櫚是一種植物的果實，生長於美國東南部和加勒比海，它對人體的好處已有超過50年的研究，是世界上最受歡迎的補充成份之一。鋸棕櫚有高含量的類黃酮 (Flavonoids)、植物固醇和脂肪酸，對男士健康有特別幫助。

Main Ingredient: Saw Palmetto (*Serenoa Repens*)

### What is Saw Palmetto?

Saw Palmetto is derived from the fruits of *Serenoa repens* plant, which is widely grown in the southeastern United States and Caribbean. The benefits of this plant have been researched for over 50 years and it is one of the most popular supplementing ingredients in the world today. This fruit is highly rich in flavonoids, plant sterols and fatty acids, which is beneficial especially to men's health.

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## 主要好處

### 1.為前列腺及泌尿系統提供營養

前列腺問題是50歲以上男性面對的最大問題之一。隨著年紀上升，男性荷爾蒙睪丸素會在前列腺內累積，並轉化成DHT，DHT會導致細胞異常增生及影響男士健康。鋸棕櫚為前列腺及泌尿系統提供營養，具抗炎功能，有助阻止DHT的形成，維持男士健康。

## THE MAIN BENEFIT

### 1.PROVIDES NUTRITION FOR PROSTATE AND URINARY SYSTEM

Prostate problem is one of the biggest challenges in men after the age of 50. As men age, male hormone and testosterone will accumulate in prostate and will be converted to a more potent form called DHT, which can cause abnormal cell multiplication and affect overall men's health. Saw palmetto contains nutrients for prostate and urinary system, together with its anti-inflammatory property, can help inhibit the conversion of testosterone to DHT, control the abnormal growth of cells thus help maintain men's health.

## 主要好处

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