Manual Manual

OZOZ Th ANNIVERSARY

堅定夢想八共享共贏

JOIN US IN WINNING, TURN YOUR DREAM INTO REALITY!



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PROFESSIONAL LEADING

Words From Chairman

DREAMS & PURPOSE!



"Tough times don't last, only tough people do!" Has always been one of my mottos when facing any challenges that seem insurmountable! The years 2018-2019 have been some of the toughest years for our industry, especially for China!

I remember that when I first attended a meeting of our Direct Selling/Network Marketing industry back in 1979 with my brother Dr Jawid Khan, I was mesmerized & so much attracted to what I was hearing that I said to myself, "Wow! There exists something that is so exciting, so fair for all for both men & women that doesn't look down at ones age or race not even education level, so much incentive & reward & can help my family & friends with good products & offer them chances to make good income! Whoever invented this must be really smart & should be recognized for it!" Those were my thoughts back then & have never changed ever since!

I really cannot find anything in the world that can achieve all these benefits by actually being honest & helpful to others, basing ones reward on how many one can help, the more one helps others succeed the more reward one gets! Man, even today nothing comes close to having so many good points except our Direct Selling/Network Marketing industry!

When we first started NU LIFE back in 1991, who could have imagined we would be in different countries & even doing business in the world's most dynamic & fast growing market China! Our footstep into the Chinese market hasn't come easily. The opportunities to this gigantic market offered is, however, worth all the effort

that was put into it. I believe that just the Chinese market for products like health food supplements & skin care products & other daily used items is at least worth a Trillion a year!

How much would you want to tap into this market? We are determined to tap into & create 100 Billion sales by 2030! Many a critic say that's not possible, but we believe that goals should not be set to be easy but rather difficult to achieve!

Early in 2019, the Chinese Direct Selling market faced one of the toughest times in this industry's history! Many companies found themselves facing huge challenges from government departments increased scrutiny. Despite multiple government departments' checks on our business premises, we were very fortunate to have come out of these difficult times without any problems. We are determined to work with the government agencies in China to secure a good standing for us & a bright future ahead for all who work with us! Our motto of "Committed to Health & Wealth" will never change!

I believe consolidation of this industry in China has happened & will continue to happen, leaving only the genuinely "product-oriented" companies that are willing to move on with the changing times, only these will be the next Billion dollar companies & darlings of the Direct Selling Industry! Our goal is for our company to be in the Top 10 in China within 5 years! It will be the pride of all of us who call Nu Life our home & family!

See you at the Top!

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專業領導 主席的話



夢想與目的

在面對看似難以克服的挑戰時,我的座右銘是「艱難總會終結,堅毅才能堅持!」 2018-2019 年,在直銷行業,尤其是中國市場方面,是最艱辛的一年。

在 1979 年,我記得與我的兄長簡志偉博士首次參加直銷/網絡營銷行業的會議時,我已經被深深吸引了,心想:「嘩!這個行業實在令人興奮,不論對象是男或女、不論年齡、種族甚至教育水平,所有人都是平等的。而且當我提供優質的產品和服務的同時,除了可以幫助我的家人和朋友外,其中的獎勵計劃與分紅獎金,更給予了他們機會獲得優渥的回報!創造這個行業的人真聰明,絕對應該得到讚譽!」由始至終,我的想法並沒有改變。

在世界上,只有我們的行業是以對人真誠及幫助他人為己任,因協助別人而得到獎勵,幫助越多人成功,獲得的獎勵越多!各位,在現今社會上,除了我們直銷/網絡營銷行業,確實沒有其他行業,可單純的透過幫助別人而得到所有這些回報了。於 1991 年,當我們創辦 NU LIFE 時,誰又能預計得到我們在全球不同的國家,甚至在世界上最有活力和快速增長的中國市場中開拓業務?踏入中國市場並非唾手可得之事,為了這個龐大的發展機遇,我們付出所有的努力。我相信,中國保健食品、護虜品和其他日常用品的市場每年價值至少達一萬億元!

您會期望在這個龐大的市場能創造多少財富呢?我們決意到 2030 年能創造出 1000 億的銷售額! 許多「酸民」說這是不切實際,但我們認為樹立目標不應短視,反而應該擁抱遠大的志向!

2019 年初,中國直銷市場面臨著歷史上最艱難的時期,有很多公司發現自己面臨來自政府部門日益嚴格的審查等巨大挑戰, 我們都一樣。儘管有多個政府部門雷厲風行地檢查我們的營業場所,我們很幸運,安然渡過此困難時期。我們致力配合中國 政府機關,確保我們良好的信譽,令公司立於不敗之地,為我們合作伙伴帶來熣燦的未來! 我們的使命:「誠意推廣健康與 財富」是永遠不會改變的!

我相信在中國,行業整合將會是無可避免,只有真正「以優質產品為導向」、與時並進的公司才能在這瞬息萬變的時代裡力爭成為下一家市值數以十億元的企業、直銷行業的龍頭!我們的目標是在 5 年內躋身中國十大直銷/網絡營銷公司之一,令每一位把 NU LIFE 視為家庭的朋友,都值得驕傲與自豪!



NU LIFE Board Of Directors and ELPA Representative NU LIFE 董事局成員及ELPA代表
From the left: Mr. William Lau of ELPA, Dr. Jawid Khan Ph.D., Mr. Nasser Khan, Mrs. Harina Khan, Mr. Styron Ting, Miss Tina Wong 左起:劉福華先生 (ELPA) ,簡志偉博士,簡立信先生,簡張玉霞女士,丁滿全先生,黃挺小姐

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PROFESSIONAL LEADING

Awards and Achievements

AWARDS AND ACHIEVEMENTS



Ever since the establishment of NU LIFE in 1991, the management team has gained high recognition with over 60 different awards and certificates. We are committed to be a strong foundation to support our entrepreneurs in promoting health and wealth with us, through creating and maintaining a positive corporate brand name and image.

獎項與成就

自 1991 年成立以來, NU LIFE 及其管理層在全球已獲超過 60 多個獎項。 我們決心打造優良企業品牌以及致力建立正面形象,以作為旗下企業家的強大後盾,並攜手推廣健康與財富。



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專業領導 獎項與成就





Most Valuable Companies in Hong Kong 香港最有價值企業

NU LIFE was awarded 2019 MEDIAZONE's "Most Valuable Companies in Hong Kong", "Industry Leading Health & Wellness Leader"and "Quality of Life Champion". This evidenced that NU LIFE has not only dedicated its effort in providing high quality health products and professional services, but also proved its contribution to the public in promoting high management standards and quality service, as well as its participation in corporate social responsibility simultenously.

NU LIFE獲國際著名雜誌Mediazone頒發「2019年香港最有價值企業」、「大健康產業領先企業」及「優質健康生活領導者」。在提供專業優質的健康產品及服務方面,專注於質量及可靠性,並致力提昇管理標準、服務質素以及多年來對業界及香港的貢獻,在社會企業責任方面努力等,最終獲得評審們一致的青睞與肯定,可謂實至名歸。



From the left: Mr. Jerry Man, Mr. Nasser Khan, Miss Tina Wong 左起:文字亮先生,簡立信先生,黃挺小姐



HKHFA 香港保健食品協會



Mr. Nasser Khan was elected Chairman of Hong Kong Health Food Association for 2020-2021 簡立信先生獲選為香港保健食品協會2020-2021年度會長

Established in April 2005, the Hong Kong Health Food Association (HKHFA) is a non-profit organization that represents the interest of its members and the local health food industry. HKHFA aims at fostering the well-being of th public, by encouraging the industry to implement self-discipline as well as promoting communication between the government, industry and the consumer.

於2005年4月成立,香港保健食品協會為政府註冊的本地非牟利團體,代表會員和香港保健食品行業的利益。協會以香港市民的福祉為依歸,鼓勵同業實施自律操守,以及促進業界、政府和消費者之間的了解和溝通。

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PROFESSIONAL LEADING

Awards and Achievements

Tested Mark Certification 優質「正」印



NU LIFE is the proud recipient of the "STC Tested" Mark of achievement for the eighth consecutive year. This year the certificate was awarded in May by Mr. Tom Tang, Chairman of The Hong Kong Standards and Testing Centre. Consumers may be easily misled by some advertising strategies and hence, not be able to distinguish between flawed items on the market. With the "STC Tested" certificate, consumers can now easily recognize our quality products among the others.

NU LIFE於2019年5月31日接受由香港標準及檢定中心主席唐慶年先生頒贈的優質「正」印証書。至今,NU LIFE 已連續8年獲頒此優質「正」印獎狀。在這個競爭劇烈的市場,消費者可能會被一些宣傳策略所誤導,而無從判辨品質優劣。NU LIFE已獲頒優質「正」印証書,讓消費者能在市場上一目了然地識別出我們已經認證的品質優良產品。

16th Outstanding Enterprise Achievement Award 第 16 屆資本傑出企業成就獎



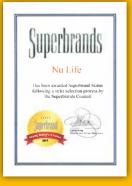
NU LIFE is proud to receive Capital Magazine's "Outstanding Direct Selling Enterprise" award of 2016! This highly regarded and publicly recognised award marks the outstanding performance of NU LIFE in the direct selling industry.

NU LIFE於2016年獲得「資本傑出企業成就獎」的「傑出直銷企業」殊榮,標誌著NU LIFE在直銷行業的卓越表現,非凡成就得到各界及公眾的肯定。

傑出直鎖企業2016

Superbrands

Superbrands 超級品牌



Our quality products and branding excellence are well recognized with NU LIFE being awarded the Superbrands Hong Kong award for 6 consecutive years. This mark of excellence indicates that NU LIFE is one of the strongest and most valued brands in our representative industry.

NU LIFE連續6年獲國際知名品牌評級機構Superbrands頒發超級品牌,肯定NU LIFE傑出品牌形象以及其業務領域的價值。

PROFESSIONAL LEADING NU LIFE ANNUAL

專業領導 獎項與成就



HKDSA 香港直銷協會



As a member of The Direct Selling Association of Hong Kong (HKDSA), NU LIFE is guaranteed to have met the stringent standard of ethical practice in direct selling.

Mr. Nasser Khan has been appointed Chairman of Membership Committee of the Direct Selling Association of Hong Kong since 2010.

作為香港直銷協會HKDSA的成員之一, NU LIFE 已達到協會對屬下會員的嚴謹商德 守則的要求。

由2010年起,簡立信先生便一直擔任香港直銷協會新會員審核委員會主席。

Hong Kong Smoke-Free Leading Company Awards 2016 香港無煙領先企業大獎



NU LIFE has put continuous effort in promoting non-smoking culture. We have always been encouraging our members to stay away from smoking. On 27th February, 2017, NU LIFE was awarded "Hong Kong Smoke-Free Leading Company" co-initiated by the HK Council on Smoking and Health (COSH) and the Occupational Safety and Health Council.

NU LIFE—向致力推廣無煙文化,積極鼓勵會員遠離煙害。2017年2月27日公司榮獲由 香港吸煙與健康委員會及職業安全健康局合辦 - 香港無煙領先企業大獎。

Caring Company 商界展關懷



NU LIFE has aguired the Caring Company Award for yet another year in 2019, proving that the company is recognized for its corporate social responsibilities and is grounded in its role in helping society.

NU LIFE於2019年再次獲香港社會服務聯會頒發「商界展關懷」- 反映本公司對企業社會 責任的認受性以及責任感,並肯定NU LIFE 在其業務領域中履行社會責任的價值。

型領先企業大獎

caringcompany

NU LIFE ANNUAL PROFESSIONAL LEADING



PROFESSIONAL LEADING

Awards and Achievements



ISO 9001:2015

Certified with ISO 9001:2015, NU LIFE meets the internationally-recognized quality management protocol's, which enable continuous improvement of the organization's quality management systems (QMS) and processes.

NU LIFE獲得ISO9001:2015 的認可,即符合國際公認的優質管理水平,在管理系統和工作程序方面不斷提升。



NSF 良好生產規範

The NSF Good Manufacturing Practices (GMP) Registration in the USA is for contract manufacturers and internal manufacturing facilities of dietary supplement companies. It proves that the manufacturers are complying with GMP requirements.

NSF GMP 是良好生產規範 (Good Manufacturing Practices),成功註冊的美國生產廠商和製造商可證明其生產過程達到GMP標準。



HKCC 企業公民嘉許計劃

NU LIFE has been awarded the Hong Kong Corporate Citizenship Award 2019, which is an acknowledgement of its excellent performance in terms of fulfilling social responsibilities, integrating the of citizenship concept into business model and operation and ultimately promoting sustainability of economy, society and environment.

NU LIFE榮獲2019年度「香港企業公民嘉許」,反映本公司於經營方式、關愛員工、回饋社會及推動經濟、社會及環保方面都表現出色。



HACCP 食物安全重點控制系統

Hazard analysis and critical control points, or HACCP, is a systematic preventive approach to food safety and pharmaceutical safety that identifies hazards in production processes and design measurements to reduce these risks to a safe level.

HACCP食物安全重點控制系統是一個有助確保食物安全的預防性方法,有助發現生產過程中的危害,並以可行方法把 此危害減至最低。



GMP 良好生產規範

Good manufacturing practices (GMP) is a production and testing practice for food, pharmaceutical and medical product manufacturers that help ensure quality products. To obtain GMP certification, there are a series of general protocols that must be observed during manufacturing. Regular inspections are performed by National Regulatory Agencies.

良好生產規範(GMP)是指食物、藥品、醫療產品生產和質量管理的法規。要獲得GMP認證,生產商必須符合一系列的法 規要求,國家相關機構亦會作出定期巡查,以確保生產程序符合要求。



The H.K Medicine Dealer's Guild 香港藥行商會

NU LIFE has been a member of The Hong Kong Medicine Dealer's Guild since 2014.

自2014起,NU LIFE成為香港藥行商會之會員。



CHINA HEALTH FOOD APPROVAL NUMBER 國食健字

China Health Food Approval Number is a approved by the Ministry of Health of the People's Republic of China and China Food and Drug Administration, every number just can apply on one products. Consumers can search the product information on China Food and Drug Administration's website.

國食健字是由衛生部和國家食品藥品監督管理總局批准的國產保健食品批准文號,每個保健食品批准文號只能對應一個產品。消費者可以登陸國家食品藥品監督管理總局網站查詢產品的真實情況。



Consumer Caring 貼心企業

The "Consumer Caring Companies" Recognition Scheme aims to recognize local enterprises that prioritize customer service. Through the use of information technology, we implement consumer focused strategies, ultimately enhancing products and services catering to all walks of life. This in turn led to Nu Life to receiving the "Intimate Enterprise" award in 2015 and the years thereafter.

由香港貨品編碼協會創辦的「貼心企業嘉許計劃」,旨在表揚一些企業藉著國際標準,優化供應鏈管理,應用資訊科技以及持續改善營運流程,大幅提升消費者滿意度。而NU LIFE亦被嘉許為達到以上國際標準之企業之一。

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信譽產品 優質保證



OUR PROMISE

" ONLY SELLING PRODUCTS THAT WE AND OUR FAMILIES TAKE EVERYDAY."



我們承諾

「推介給您的產品, 我和我的家人每天都食用。」

信譽產品 優質保證

PRODUCTS YOU TRUST QUALITY WE ASSURE















NU LIFE ANNUAL PRODUCT YOU TRUST 11



PRODUCT YOU TRUST

Quality We Assure











信譽產品 優質保證













"STC TESTED"



On 31st May 2019, NU LIFE received "STC TESTED" Mark Certificate from The Hong Kong Standards and Testing Centre Chairman - Mr. Tom Tang, JP. NU LIFE 於 2019 年 5 月 31 日接受由香港標準及檢定中心主席唐慶年先生頒贈的優質 「正」印証書

"STC TESTED" MARK CERTIFICATE

Congratulations to NU LIFE for obtaining the "STC Tested" award for 8 consecutive years. The awards ceremony and Product Safety Carnival was held at the Yau Tong Domain Mall on the 31st of May.

優質「正」印證書頒授儀式

恭賀 NU LIFE 2019 年連續 8 年獲得優質「正」印獎狀。於 2019 年 5 月 31 日假座油塘大本型商場接受由香港標準及檢定中心主席唐慶年先生頒贈証書,NU LIFE 並於 5 月 31 日至 6 月 2 日期間設展銷攤位。



NU LIFE has participated in the 3 days STC Expo. Thanks to all ELPA leaders and members' full support to make this Expo a fruitful one and we have got enthusiastic response from the public.

為期三天的優質「正」印嘉年華,獲得各位 ELPA 領袖親臨現場,全力支持 NU LIFE,而且顧客對我們的產品 反應非常熱烈。

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信譽產品 優質「正」印























































NU LIFE ANNUAL



PROFOUND PROFITS

Marketing Plan

Through the past 28 years, NU LIFE has been committed to providing a worldwide profit sharing system. By making use of the latest advances in technology, we are on track to achieve our dreams. Together with our comprehensive marketing plan, we endeavour to expand into more countries and regions worldwide. Our strength lies in the fact that we can and have reacted quickly to market changes, allowing us to keep ahead of competition.

經過二十八年的發展,NU LIFE 建立了一套全球一體化的完善市場計劃,在制訂及強化獎勵計劃方面, 更加入了東方人營商的靈活性。我們更能夠緊貼不同市場需要和更具彈性及吸引力。



PROFOUND PROFITS NU LIFE ANNUAL

豐厚分紅 獎 勵計劃





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CHARITY

The Community Chest Walk For Millions

WALK FOR MILLIONS - 50th ANNIVERSARY

NU LIFE has been actively involved in charitable activities, contributing greatly to the Hong Kong Community Chest for many years. On January 6th, 2019 the Chairman of the Board and management team led a group of colleagues and ELPA leaders to participate in the annual "Walk for Millions" in new Central-WanChai Bypass organized by the Community Chest of Hong Kong. The Community Chest is well known for being committed to raising money for local's in need and social welfare agencies, benefitting the local population. NU LIFE contributed a sum of money to the success of this meaningful charity.

五十周年公益金百萬行

NU LIFE 一直致力積極參與公益活動回饋香港社會! 2019 年 1 月 6 日,為慶祝公益金五十週年,NU LIFE 由主席簡立信先生以及管理層帶領一眾同事以及 ELPA 領袖們參與了這次於「中環及灣仔繞道」-新落成的基建的百萬行。一直以來,公益金致力為本地會員社會福利機構籌募善款,肩負起為有需要的人士謀求福祉的責任。NU LIFE 一眾出錢又出力完成了一次既健康又有意義的慈善行。











Ready to go! 準備出發啦!

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The Community Chest 50th Anniversary, NU LIFE family and leaders took a great group photo in front of the new Central- WanChai Bypass. 公益金五十周年,NU LIFE 和一眾領袖於新基建「中環及灣仔繞道」前,留下最美一刻



Spend and be spent! 出錢又出力



The family attends the "Walk for Millions" charity event 一家大細出席百萬行



The Walk ended successfully in the signature applause of NU LIFE!
以 NU LIFE 特別掌聲完結!





The representative of ELPA, Mr. William Lau and Mr. Jerry Man, NU LIFE Senior Operation Manager took part in the Cheque and Award Presentation Ceremony 2018 - 2019 of The Community Chest.

ELPA代表劉福華先生與NU LIFE香港區營運及市場拓展總監文宇亮先生出席2018 - 2019年度公益金支票遞交儀式。

NU LIFE ANNUAL CHARITY 19



CHARITY

Donation



心晴行動慈善基金 JOYFUL (MENTAL HEALTH) FOUNDATION

Promoting Loving Culture in collaboration with the Joyful (Mental Health) Foundation

NU LIFE has been promoting love culture and donating to various charity organizations for over 2 decades. Starting from 2012, the Joyful (Mental Health) Foundation has been chosen as the recipient of our donation, hence, a lot of people suffering from emotional disorders have been benefited and provided with a range of assistance and treatment. Not only have we participated in the annual Joyful Charity Run, we have also donated together with the prize winners during our monthly StarNight event! So far we have successfully raised and donated a total amount of HK\$1,050,000 in 2019 to the Joyful (Mental Health) Foundation. We are thankful for your beautiful hearts and generous support! Let's keep up the good effort together and help more people in need!

與心晴行動慈善基金攜手 大力推廣愛心文化

在過去的 20 多年,NU LIFE 一直捐助給不同的慈善團體推廣愛心文化。從 2012 年起,我們便捐贈予「心晴行動慈善基金」致力幫助情緒病患者得到針對性的幫助和輔導。今年 NU LIFE 不但參與一年一度的心晴行動飛躍海濱長廊慈善跑,而且在每月的星星之夜中,更與星級百萬富翁得獎者共同捐贈予心晴行動!至今我們合共籌得港幣 \$1,050,000,善款已全數捐贈予「心晴行動慈善基金」! 非常感謝大家美麗的善心! 我們一同繼續再接再厲,明年幫助更多有需要的人!



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公益慈善 愛心捐助











NU LIFE ANNUAL CHARITY 21



Joyful Charity Run



JOYFUL CHARITY RUN

The annual Joyful Charity Run was held on 20th January, 2019 at the Sunny Bay Promenade. NU LIFE donated HK\$100,000 as diamond sponsors and NU LIFE colleagues spared no effort in actively participating. Senior Operation Manager, Mr. Jerry Man participated as an event manager and hosted the awards ceremony. Apart from carrying out the positive and caring culture professed by the company, the purpose of joining this event is to arouse the attention on emotional health, promote the importance of exercise to mental health and encourage people to do exercise regularly in order to maintain physical and mental health.

心晴跑 跑傳情

一年一度之心晴行動海濱長廊慈善跑於 2019 年 1 月 20 日於大嶼山欣澳海濱長廊舉行。NU LIFE 更捐款 10 萬元為鑽石贊助,同事們不遺餘力積極參賽。營運及市場拓展總監文宇亮先生更為當日起步禮儀式及頒獎嘉賓。除了貫徹公司一直提倡的積極和愛心文化外,也希望能藉是次活動引起公眾人士對情緒健康的關注,宣揚運動對情緒健康的重要性,同時呼籲港人多做運動,經常保持身心健康,為自己的情緒打打氣。







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® NU LIFE

安永與您遍遊寰宇 寰宇樂優遊 - 倫敦



AROUND THE WORLD WITH NU LIFE

Among all the different rewards in NU LIFE, our six-star arrangement "Overseas Travel Seminar" is one of the highlights! Our entrepreneurs in the past have visited various prominent cities around the world. Entrepreneurs from different countries and areas can come together and share their successful experiences.

安永與您遍遊寰宇

在 NU LIFE 的眾多獎勵當中,最令傑出企業領袖大開眼界的,當然是六星級豪華享受的「海外領袖旅遊研討會」。 領袖們歡樂的足跡已經遍踏全球多個令人嚮往的旅遊名勝。而更難得的當然是不同國家地區的領袖有機會聚首一 堂互相交流成功心得。



AROUND THE WORLD WITH NU LIFE

Global Tour - London

In 2019 the Universal travel tour, this time based in London has officially begun. The company arranged for everyone to visit the British Royal Family's Windsor Castle, the famous British World Heritage Site Stonehenge along with Westminster Abbey. The historic Roman Baths Museum and the massive London Eye were also included, allowing for a full immersion in British culture. Everyone also had a taste of British style cuisine, and enjoyed a special 3 hours in the Bicester Village Outlet, spending their hard-earned cash the best way possible. The finale of the tour involved an iPhone lucky draw to the entire journey to a climax. Everyone was fully satisfied with happy memories and souvenirs.



安永與您猵游寰宇 寰宇樂優遊-倫敦



2019 年度寰宇樂優遊倫敦之旅正式開始,公司 安排了大家參觀英國皇室溫莎王朝的家族城堡 - 溫 莎堡、英國著名世界遺產 - 巨石陣和西敏寺以及歷史悠 久羅馬浴場博物館,乘坐歐洲最大的摩天輪-倫敦眼,體 驗英國文化。大家還品嘗了英國風美食,在比斯特購物村大買 特買 3 小時,盡買心頭好。當然少不了公司的分享晚會,各領袖 都積極投入參與。最後壓軸的 iPhone 大抽獎更將整個旅程推上高潮。 大家都滿載而歸,樂而忘返!



AROUND THE WORLD WITH NU LIFE

















安永與您遍遊寰宇

® NU LIFE

亞洲 FUN 紛遊 - 峇里



The 2018 Asian FUN Tour was held on October 18th, and all the attendees received aloe vera juice and Pycnophy. The company arranged for everyone to arrive at the Condor Plaza in the South Bay Watersports Center to participate in exciting water activities, safari and coffee museums. They bought Indonesian specialties - civet coffee (ie cat coffee) along with experiencing local Indonesian culture, and tasting traditional Indonesian cuisine and seafood. The finale involved a random lucky draw with the grand prize being a brand-new iPhone!

2018 年度亞洲 FUN 紛遊峇里之旅已於 10 月 18 日 -21 隆重舉行,所有準時出席者均獲得蘆薈汁及家庭裝疲樂振。公司安排了大家到達神鷹廣場、南灣水上活動中心,參加刺激嘅水上活動、野生動物園及咖啡博物館瘋狂購買印尼特產 - 麝香貓咖啡(即貓屎咖啡)等,體驗峇里島文化,品嘗了當地傳統印尼美食及海鮮。當然少不了公司的分享晚會,各領袖都積極投入參與。最後壓軸的 iPhone 大抽獎更將整個旅程推上高潮,大家都滿載而歸,樂而忘返!



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NU LIFE ANNUAL









靈活又變通



声去得更輕鬆



AROUND THE WORLD WITH NU LIFE

China Tour - BaiShuiZai



BaiShuiZhai trip had been started out in 20th-21st of July, 2019. Everybody had a pleasant holiday in these two days. We went to the ErLong Mountain in ZengCheng, and walked on the glass bridge which links to GuanYin Mountain and WanFoShan. We felt excited! We stayed at Regal Palace Resort and Spa at that night, feasted the five-star service of the hotel, food and shopping time. It must not be forgetting the team gaming, sharing party and mystery prize, everyone returned with full load, and had so much fun that reluctant to leave.







豐富美食



AROUND THE WORLD WITH NU LIFE

China Tour - ZhuHai



ZhuHai trip had been started out in 12th-13th of January, 2019. Everybody had a pleasant holiday in these two days. We stayed at The St. Regis Zhuhai, feasted the five-star service of the hotel, the food of ZhuHai and shopping time. It must not be forgetting the team gaming, sharing party and mystery prize. Everyone returned with full load, and had so much fun that reluctant to leave.



安永與您遍遊寰宇 神州豪華遊-珠海







2018年神州豪華遊新會之旅於3月24-25日出發。在這兩天大家渡過了一個開心愉快的假期。我們入住了江門市 萬達嘉華酒店、盡情享受了酒店的5星級設施服務。更加品嚐了新會特式菜及瘋狂購物。當然唔少得的當然是公 司安排的團隊遊戲、酒店分享晚會及神秘大抽獎。大家都滿載而歸,樂而忘返!



NU LIFE 27TH ANNIVERSARY

NU LIFE was established 27 years, we held a two days Sharing & Recognition Conference on 19th - 20th in November, 2019, "Achieve the Challenge and Win Your Future" NU LIFE 27th Anniversary Sharing & Recognition, Charity Gala Dinner and ELPA International Expert Training Forum as the theme. Different area experts were invited to be guest. They have unique views on nutritional area, shared the information of Functional Food Concentrates, Research of LingZhi, XOS, Autologous Adipose Stem Cell Anti-Aging Technology etc.

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適逢 NU LIFE 成立 27 周年,公司於 2018 年 11 月 19-20 日舉辦了一連兩日、主題為「創輝煌‧贏未來」 NU LIFE 27 周年分享及褒獎大會暨慈善晚宴大會和 ELPA 國際知名專家深度訓練大會。邀請了不少重量級、來自不同營養領域嘉賓演講,他們都對各個營養範疇擁有著獨到的見解,分享了關於「功能性濃縮食品」、靈芝研究、低聚木糖、自體脂肪幹細胞抗衰老技術等。













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HIGHLIGHTS REVIEW

NU LIFE 27th Anniversary



NU LIFE 27TH ANNIVERSARY SHARING & RECOGNITION

The two-day conference of NU LIFE 27 years Sharing & Recognition was opened. Held at 19th of November, 2019 at Asia World Expo. The experts came from different places that sharing their own dreams and experiences.

NU LIFE 27 周年分享及褒獎大會

NU LIFE 27 周年分享及褒獎大會為一連兩日的大會掀開序幕,於 2018 年 11 月 19 日香港亞洲博覽館舉行。當日由分享及褒獎大會為一連兩日的大會掀開序幕。來自世界各地的精英,在大會中向大家分享了自己的夢想與奮鬥歷程。



Mr. Lawson Yuen gave an inspirational talk 袁洛森先生激勵人心的演講



Mr. Bernard Siow as Marketing and Operation Chief Executive Office gave a inspirational talk 市場運營部總裁蕭伯納先生激勵人心的演講



Dr. Robert Verkerk explained how to achieve the mystery of healthy regeneration through natural method Dr.Robert Verkerk為大家講解用天然方式達致健康再生的奧秘



Congratulate to the prizeman who are given iPhone as a prize 恭喜iPhone幸運大抽獎得獎者









Chinese Initiate Directors shared with all of us 一眾中國區創始總監與大家分享

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R NU LIFE

^{亮點回顧} NU LIFE 27 周年



Mr. Khan as NU LIFE founder and Chairman of NU LIFE Board of Directors encouraged the partner to insist to the dream and never give up NU LIFE創辦人兼董事局主席簡立信先生鼓勵合夥人堅持夢想,永不放棄!



Mr. William Lau as NU LIFE consultant of Board of Directors explained the culture of ELPA and gave a speech NU LIFE董事局顧問劉福華先生講述ELPA的文化及演講







Gold Card Partners (from left to right) - KC Tang, Forster Chan, Rickey Yuen shared feeling of became Gold Card Partners 金卡合夥人(由左至右) - 鄧錦全先生、陳科建先生及Rickey Yuen與大家分享成為合夥人的感受



Photo of Gold Card Partners and Chairman of NU LIFE Board of Directors Mr. Khan 合夥人們與NU LIFE董事局主席簡立信先生合照

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HIGHLIGHTS REVIEW

NU LIFE 27th Anniversary



Kickstarting the NU LIFE 27th Anniversary Conference, the opening ceremony was hosted by members of the NU LIFE Board of Directors and guests NU LIFE 27 周年大會正式開始,由 NU LIFE 董事局成員和嘉賓一同主持開幕儀式

NU LIFE 27TH ANNIVERSARY CHARITY GALA DINNER

Apart from the sharing and speech of members of Board of Directors, also include many important sessions, like cheque presentation with Joyful (mental health) Foundation, Father of Functional Nutrition-Dr. Jeffrey Bland shared the research and development of Functional Food Concentrates, Father of Chinese LingZhi Research-Prof. Lin Zhi Bin sharing, Consultant of World Health Organisation Health Promotion-Prof. Sun Shu Xia Sharing, Professional team of Stem Cell explained the technology of Autologous Adipose Stem Cell, Famous Singer-Maria Cordero sang amazing classic song for NU LIFE, Initiate Director Members and Gold Card Initiated Directors recognition, the last iphone lucky draw and attendants were given a gift set. All guests and members spent over a happy and brighten night.

NU LIFE 27 周年慈善晚宴

當晚除了有董事局成員分享精彩的激勵演說外,還包括了多個重要環節:心晴行動慈善基金支票遞交儀式、「功能營養學之父」白蘭特博士分享研發「功能性濃縮食品」、中國靈芝研究之父林志彬教授分享、世界衛生組織健康教育促進研究中心顧問孫樹俠老師分享、幹細胞專家團隊到場講解自體脂肪幹細胞抗衰老技術分享、影視名人肥媽 Maria Cordero 為 NU LIFE 獻唱了多首膾炙人口的經典金曲、總監創始會員及金卡創始會員褒獎、壓軸的iPhone 大抽獎及與會者均獲得超級禮品包等。各位來賓及會員都渡過了一個快樂又璀燦的一夜。



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亮點回顧

NU LIFE 27 周年





The discount on the purchase of goods at that night was quite popular 當晚購貨優惠相當受歡迎



Dr. Jeffrey Bland is an internationally recognized leader in the field of functional medicine and is known as the father of functional medicine 白蘭特博士 - 世界公認的功能性醫學及功能營養學教育先驅者



Tonight's MC- Ms Sherry Cheng and Mr. Kenji Wong 當晚大會司儀鄭曉瀠小姐及王式俊先生



Dr. Jeffrey Bland (middle), Dr. Jawid Khan (5th of right side) and HRA Centre Nutritionist team 白蘭特博士 Dr. Jeffrey S. Bland(中)、簡志偉博士(右五)與一班 HRA 健康風險評估中心營養師



Energetic dance and music for the event opening 開場前先送上勁歌熱舞



All participants dress up nicely at that night 當日大家都打扮得花枝招展



Famous singer, Maria Cordero sang few classic songs and everyone felt like in a party 著名歌影視紅星 Maria Cordero (肥媽) 載歌載舞,唱出多首著名金曲,台上台下打成一片



NU LIFE Chief Science Director-Dr. Jawid Khan NU LIFE 科研總監 - 簡志偉博士



Congratulations to 3 Initiate Directors to become Porsche owner, next will be your turn 恭喜 3 位創始總監成保時捷車主,下一個可能係你



A cheque presentation of HKD\$1,000,000 to the Joyful (Mental Health) Foundation 自 2012 年,NU LIFE 至今已合共籌得港幣\$1,000,000,並於當日進行支票遞交儀式予心 晴行動慈善基金



Mr.Khan and TSM members performed a famous song from Beyond, let the atmosphere of the party reach the climax 簡立信先生帶領著 TSM 成員合唱了金曲《海闊天空》,讓現場氣氛到達了最高潮



Congratulations to the iPhone lucky draw winners 恭喜一班 iPhone 幸運大抽獎得獎者





HIGHLIGHTS REVIEW

Rally "I Dare to Win"



NU LIFE Board of Directors & all Gold Card Partners NU LIFE 董事局成員與所有金卡合夥人一同拍照留念



Finale lucky draw- iPad Mini and iPhone X, congratulations to all winners 壓軸幸運大抽獎 – iPad Mini 及 iPhoneX,恭喜各位幸運兒



NU LIFE Chairman - Mr. Nasser Khan NU LIFE 董事局主席 - 簡立信先生



HRA CEO - Mrs. Harina Khan HRA CEO - 簡張玉霞女士



Re-Stem vice chairman Re-Stem 副主席 - Mr. Steven Alan Schweller



Prof. Lam is introducing the FFCS latest product - SUPALINGZHI 林志彬教授介紹 SUPALINGZHI 超級靈芝皇



NU LIFE Chief Science Officer-Dr. Jawid Khan NU LIFE 科研總監 - 簡志偉博士



Mr. Ng, Technology Director of Re-Stem, is talking about the technology of stem cell Re-Stem 首席技術總監吳武田教授

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亮點回顧

「我敢贏」大會



A group photo of Mr. William Lau (4^{th} of the right side), ELPA representative, and HRA Centre **Nutritionist Team**

ELPA 代表劉福華先生(右 4)與一眾營養師合照



A cheque presentation of HKD\$900,000 to Mr. Nathaniel Lee, Chief Executive of the Joyful (Mental Health) Foundation. 自 2012 年, NU LIFE 至今已合共籌得港幣 \$900,000,並於當日進行支票遞交儀式予心晴



NU LIFE 26th Anniversary Charity Ball was remarkably held at Hong Kong Convention and Exhibition Centre NU LIFE 二十六週年超級星星之夜於灣仔會議展覽中心盛大舉行



Prof. Lam, Father of Lingzhi, held an autograph session. Members are all feeling excited to meet him

靈芝之父林志彬教授簽名會,一眾會員都十分期待近距離與林教授接觸



MC of the night - Ms. Ingrid Lam & Mr. Danny Wong 當晚大會司儀 - 林淑燕小 姐及王世匡先生



The super gift set bags were so popular on that night 當晚的超級禮品包極受注目



Mr. Gregory Charles Rivers sang 3 classic songs for the event 河國榮先生為大會獻唱 3 首經典金曲



"On time" lucky draw for members who arrived on time

為了答謝準時出席的「您」, 準時抽獎絕對不可少



Ms. Winsome Lau won the Most Popular Leader Award NU LIFE 最受歡迎女領袖 得獎者劉海燕小姐



Mr. Forster Chan won the **Best Trainer Award** NU LIFE 最佳訓練師得獎 者陳科建先生



Mr. Bryan Chu won the Highest Income Award NU LIFE 最高收入大獎得 獎者朱少石先生



Mrs. Teresa Chow was the winners of the Most Productive Star Award NU LIFE 最具生產力明星 獎得獎者周豔芬小姐



The Most Influential Leader Award went to Mr. William Lau NU LIFE 最具影響力領袖 得獎者劉福華先生



HIGHLIGHTS REVIEW

StarNight

STARNIGHT 2018-2019



Motivational speech from Mr. Nasser Khan 簡立信先生的的精彩演講能激勵你拓展事業



Congratulations to the Gold Card Partnership Referral program Winner 恭喜榮獲金卡合夥人推薦獎金得主



Mr. William Lau and a group of Senior Ambassadors celebrate the success of the first "Healthy Gut" program 劉 SIR 與一眾「資深健腸大使」慶祝首輪健腸 運動達標成功



We are all excellent speakers! 我們是出色的演講家!









Congratulations to all newly promoted AM, DR and JD 恭喜一眾新晉副經理、總理及翡翠總理的會員

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^{亮點回顧} 星星之夜

星星之夜 2018-2019



Director of WAWAWA Health Evidence and the experience share 健康實證挖挖哇導演及分享者合照



HRA-recognized nutritionist shared about New knowledge of functional nutrition 由 HRA 認可營養師主講 IFN 功能營養新知



Join AutoPlus scheme, you are entitled to get product coupon up to HK\$1000 參加 AutoPlus 自動加,最高可享 \$1000 產品 現金券



At the Annual Gratuity Party, representative of ELPA express thanks to Mr. William Lau and the team of TSM 年度感恩派對感恩環節中,ELPA 代表感謝 LAU SIR 及眾 TSM 成員



The game winner & NU LIFE donate to Joyful (Mental Health) Foundation 壓軸環節「星級百萬富翁」得獎者與 NU LIFE 齊齊捐錢予心晴行動





Happy sharing of wonderful moments 參加公司旅遊的會員分享旅遊的精彩時刻











Creative and healthy food and beverages 極具創意的星級健康小食

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HIGHLIGHTS REVIEW

HKHFA's Review



Group photo of award winning teams 各得獎隊伍大合照



NU LIFE colleagues participating in the inter - company bowling contest NU LIFE 同事代表公司參加保齡球大賽



NU LIFE got the BestTeam Dress Award NU LIFE 獲得最佳團隊服飾獎



2018 - 2019 香港保健食品協會保齡球錦標賽 ____ HKHFA BOWLING CONTEST



NU LIFE colleagues represent NU LIFE at the inter - company bowling contest NU LIFE 同事代表 NU LIFE 參賽保齡球大賽



NU LIFE got the BestTeam Dress Award NU LIFE 獲得最佳團隊服飾獎



Pre - game group photo 賽前影張大合照先

56 HIGHLIGHTS REVIEW NU LIFE ANNUAL

亮點回顧

R NU LIFE

香港保健食品協會活動回顧

13TH ANNIVERSARY DINNER

第13屆週年晚宴



Photo of council member and officiating guest Dr. Bernard Chan Pak-Li, JP. Under Secretary for Commerce and Economic Development 全體理事與主禮嘉賓商務及經濟發展局副局長陳百里 JP 合照



Council members go hand in hand with the officiating guest 理事會成員與主禮嘉賓携手並肩



30 company members and 15 guests participated in the anniversary dinner 當晚共有 30 間會員公司連同 15 位嘉賓參加是次晚宴

12[™] ANNIVERSARY DINNER 第 12 屆週年晚宴



Photo of Council members 理事會成員



NU LIFE representatives to participate in the dinner
NU LIFE 同事們參與是次晚宴



Photo of all council member and officiating guest Dr. Bernard Chan Pak-Li, JP. Under Secretary for Commerce and Economic Development 全體理事與主禮嘉賓商務及經濟發展局副局長陳百里 JP 合照

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RECOGNITION

Crown

皇 王 若 宇

WANG RUO YU

全職安永 / Full Time NU LIFE



「我是王若宇! 2019年4月, 為了理想, 為了夢想。我和安永走在一起!」

在短短的幾個月獲得公司獎勵的兩輛保時捷,同時晉升成為大中華區第一 位皇冠總監!我的人生格言:誓為信我者贏,得我者得天下!

我感恩簡立信董事長。他高瞻遠矚,運籌帷幄,時刻引領我,幫助我!同時,也感恩公司所有領導對我的幫助。感恩我的事業領路人曾海民先生、徐碩玲女士、李鑰瑩女士對我一路的支持和鼓勵!感謝所有的合作夥伴一路的跟隨和打拼,我才有了今天的成就!

父母親從小教導我:「做人就是為了爭一口氣」。我所有的努力,就是 為了完成父母親對我的要求。我告訴我自己:「王若宇這輩子活在世 上,就是要爭氣」。這個世界上,吹牛的人很多,但事後能夠踏踏 實實去實現的人不多。而我,既然吹了牛,我就要下決心去實現。

> 走在這世間,野蠻問路,行到此處,落子無悔。創業是一條不歸 路,我的氣質裡面藏著我讀過的書和我走過的路,我的臉上藏 著我熬過的風霜和我歷經的所有風雨,包括我的野性和我的滄 桑。

我覺得人生要有一個字,就是「敢」,敢說敢做。敢於站在 人生的舞台上,敢於用行動去證明自己,與眾不同,獨一無 二,我是強者。

我堅信有一天,我的名字會刻在安永中國大中華區的榜上!當我回頭看自己走過的路,每一道都刻著我無悔的付出,我全力的拼搏。



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^{褒獎} 皇冠



很多人都和我說:「你對所有的人都很好,你唯獨對自己不好」 。那是因為我熱愛我的工作,熱愛我的家人、朋友、夥伴。我認為如果要成就一番偉業、一番霸業,一定要利眾、利他、利民、乃至利國。

征服天下有三句話:

1 牽手王若宇,天下屬於你。

2 得我者得天下。

3 利他者偉業必成!

因為陽光總在風雨後,因為我永遠在路上,因為我懷抱夢想,因為我肩負使命,因為我心中有愛!我只有向前、向前、再向前,成功就在我們的前面。我要讓失敗、害怕、恐懼、徬徨、猶豫從此消失,當我每次心力交悴的時候,我咬緊牙關大聲的告訴自己:我能!我能!我一定能......

【皇冠奖符】 王若字女士 ALEST OF ALEST OF AREA ADDRESS OF ADDRESS

我是英勇的戰士!戰士為夢想而戰!為夢想而戰!為夢想而戰!







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RECOGNITION

Diamond Director

直 LAM HAU CHUN, JENNIFER

退休護士 / Retired Nurse

我在 2016 年加入 NU LIFE 至今巳三年多了,從開始是一個用家,試用和認識著各種產品; 之後,慢慢深入認識公司和所提供的生意平台,家人亦一致建議和支持我退休後(當時仍是 醫院中的一名護士),全力參與其中,因為透過使用公司的產品及服務,全家人的健康都得 到全面的改善和進步,深深體會到「健康就是財富之源」。

恭賀公司成功積極邁向豐盛的新一年,我最想多謝的是:兩位創辦人簡立信先生和簡志偉博 士、專業的營養師團隊、公司上下的同事們及各位領袖們的帶領、支持及分享。因為他們的 熱誠、專業和堅持,我全家人不但重拾健康和快樂;更觸動和鼓勵了我,積極參與,有系統 地學習和了解這個「傳統醫療系統」以外的有效方法,令我更有信心向身邊的家人和朋友推 介,使他們更健康和富有!認識公司後,最難忘的事莫過於透過使用產品(尤其是蘆薈汁、 健腸仔寶、脂肪酸和C集)及服務後,令丈夫、老爺和奶奶從重病中康復,這將我認識的 健康理念徹底的顛覆了,更令我決定「退而不休」,夢想透過這個生意平台,影響我身邊的 人,正面和積極地關注健康,從而增加各方面的財富!

眼前的三大目標是:1)繼續積極推動健腸運動,從而正面地影響身邊的朋友和家人們認識 到「百病從腸起,健康先健腸」;2)努力學習和分享,增強功能醫學和功能性濃縮食品的 知識和經驗,增加影響力和分享能力;3)努力協助團隊和伙伴們的成長,成功將健康推廣 到身邊人和神卅大地的朋友,展現「堅定夢想,共享共贏!」

I joined NU LIFE in 2016 more than three years ago. In the beginning I experimented and used various products. I then gradually got to know the company better and the business platform tit provided. My family also recommended that I retire and fully supported me throughout. Later whilst I was still working at the hospital, I was fully involved in NU LIFE as through the use of the company's products and services, the health of my whole family has drastically improved. I deeply understand that "health is the source of wealth".

Congratulations on the success of the company and a prosperous new year. I would like to deeply thank the two founders, Mr. Nasser Khan and Dr. Jawid Khan, the team of professional nutritionists, colleagues from the company along with leaders and supporters. share it. Because of their enthusiasm, professionalism and persistence, my family has gained true health and happiness. It has also deeply touched and encouraged me. I have actively participated in the systematic learning and understanding of effective methods outside the 'traditional medical system". This makes me more confident in introducing my family and friends, giving them both health and wealth! After getting to know the company, my most memorable experience is using products such as aloe vera juice, Jiansuibao, fatty acids and SupaC along with other services. I was able to witness my husband, grandfather and grandmother recover from serious illness which brought me great happiness. I hope that through this business platform people around me will be positively affected and more aware about their health, thus increasing "wealth" in all aspects of life!

The three major goals in front of us are: 1) continue to actively promote gut health, helping the public realise that "every disease starts in the gut, healthy gut healthy us" 2) study, share and enhance knowledge regarding functional concentrated foods. together!"



R NU LIFE

翡翠總理



翡翠總理JD鄭觀華

JADE DIRECTOR - CHENG KWUN WAH, BRUCE

物流(自僱人仕) / Logistic (Self-employed)

大家好,我是 BRUCE,能夠成為翡翠總理 JD,我最想感謝我的外父和外母。

參加 NU LIFE 後,我最難忘的是透過功能性 濃縮食品,把外父從鬼門關中帶回人間,令 我更加了解 NU LIFE FFC 產品,深深感受 產品威力。亦因如此,我比以前更加注重了 個人的飲食習慣。

我深信「成功前的經歷必定是艱苦的」,希 望以我的強項:銷售和策略,好好發展內地 的市場,達致我的三大目標:致富、退休和 我要幫助未成功的人找到成功。

Hello everyone, I am BRUCE, who is now the JD. I want to thank my father and mother in law. After joining NU LIFE, my most memorable experience bringing my father in law back from near-death through the use of functional food concentrates, which made me more aware and deeply feel the effect of NI LIFE FFC products. Because of this, I have paid attention to personal eating habits more than ever before.

I am convinced in the notion of "success not being an easy journey". I hope that with my strengths such as my sales strategy, I will develop the mainland market and achieve my three goals: being wealthy, retiring and helping unsuccessful people find success.



翡翠總理 JD 巫志賢

JADE DIRECTOR - MO CHI YIN, JAMES

全職NU LIFE / NU LIFE Distributor

家人和朋友在健康上都有很大得益。如80多歲的 父親最愛是「疲樂振」,每次太極表演前吃它, 表演時如年青人一樣,充滿活力,經過1、2小時 的演出後也不覺很疲倦。

參與 ELPA 培訓期間一步一步建立了自己的團隊, 結集了一班志同道合的生意伙伴,一起努力為夢 想奮鬥。

今天我能成為翡翠總理 JD 都要多謝不離不棄的導師 Winsome,悉心栽培後輩的劉 Sir,創辦人簡立信先生,仁心仁術的簡志偉博士,還有一班和我一起努力奮鬥的生意伙伴。

經常提醒自己「擇善固執、永不言敗,活出精彩而豐盛的人生。「誠意推廣健康與財富」是NU LIFE 的使命,更是我動力的來源。未來竭盡所能將 PHRM 個人健康風險管理的知識傳播給我能接觸到的人,運用 NU LIFE 的低成本回報優厚的創業平台協助更多有意創業的朋友踏上成功之路。

Since I joined NU LIFE for education on health-related topics back in 2006, I have used FFC Functional Food Concentrates to protect my body. The effect is very remarkable compared to the products I used to buy. Gratefulness begins with the understanding of functional medicine such as healthy essential fatty acids, along with the understanding that maintenance is more important than remediation. Fortunately, I have had no major illnesses since childhood, that is besides the fact that I have always felt weak tired and unmotivated. After consuming essential fatty acids for three week, I felt much more relaxation in the shoulder and neck muscles, my blood was running smoothly, and my body seemed to experience a major overhaul. I didn't think the onset of the effects was so going to be so quick. At the time, I only wanted to use the products, and I did not want to participate in the development of NU LIFE.

Up until 2011, I did not realise that NU LIFE had

two missions - to promote health and wealth. After I had discovered the corporate professional alliance organisation, ELPA, that helps entrepreneurs expand their business, I joined ELPA. Through training my personal growth, communication skills, and leadership skills have made great progress. The most important being my outlook on life has become much more positive, whether it may be in the family, friends or business network.

After learning functional nutrition, I deepened my understanding of the importance of "FFC" and the effect Functional Nutrition has on the body. Using this knowledge has greatly benefited my family and friends. For example, my 80-year-old father has greatly increased his energy levels. Every time he consumes functional food supplements before his Tai Chi practice, he is as energetic as a young person. He does not tire out even after 1 or 2 hours of performance.

Participating in the ELPA training step by step, creating my own team by gathering a group of like-minded business partners and working hard to fight for our dreams.

Today, I have become a Jade Director. I would like to thank my instructor Winsome who has never failed me. I also greatly thank Mr. William Lau, the founders Mr. Nasser Khan and Dr. Jawid Khan along with all the business partners who have worked hard with me.

I often remind myself to "choose the morally correct path, be stubborn in never giving up and live a wonderful, rich life. "Sincerity to promote health and wealth" NU LIFE's mission statement and it is the source of my motivation. In the future, we will do our utmost to spread the knowledge of the PHRM personal health risk management to those I can reach, and use NU LIFE's low-cost, return-based entrepreneurial platform in helping more friends who are interested in starting a business embark on the road to success.

自 2006 年因健康話題認識了 NU LIFE, 從此運用功能性濃縮食品 FFC 去保健身體,效果比起我以前在坊間買的產品,FFC 效果非常顯注。感恩是由用健體脂肪酸開始認識功能醫學,明白到保養比補救的重要。興幸從小没有什么大病痛,就是一直感覺體弱易疲倦做事提不起勁。開始時氣是一個星期脂肪酸後,感覺肩頸肌肉放鬆,血氣行暢順,身體好像重新啟動,没想過效果有這

直至 2011 年機缘巧合下,深入了解到 NU LIFE 有兩大使命 - 誠意推廣健康與財富,更得知有個企業專業聯盟 ELPA 組織,可協助企業家拓展業務。我加入了 ELPA ,透過培訓,自己的個人成長、溝通技巧、領導才能大有進步,更重要人生觀也積極正面起來。不論在家庭、朋友間或在建立生意網络上大有裨益。

透過學習功能營養學後,加深認識了「FFC」和 「環保身體」對身體的重要性,運用這些知識令

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RECOGNITION

Jade Director



翡翠總理 JD 彭錦芬

JADE DIRECTOR - PANG KAM FAN, HILDA

家庭主婦 / Housewife

我由 2010 年開始加入 NU LIFE 大家庭,加入 這九年期間,令我最難忘的是公司請我去澳洲 悉尼旅行,至今仍然歷歷在目。

得到今日的成就,我最想感謝的是 Winsome Lau 劉海燕小姐。當時我患有骨質疏鬆,檢查後發現骨質密度指數是負數,經 Winsome 介紹後,使用了骨骼健,若四個月後我的骨質密度指數回復正常,感謝她介紹那麼優質的功能性濃縮食品給我,讓我知道生病不一定要見醫生,更可以「治未病」。

由於公司的健康講座教授我不少健康方面知識,讓一向喜歡幫助別人的我,更能夠順利發展了 NU LIFE 這盤生意。

未來我希望我可以發展國內市場,繼續幫助更 多朋友改善健康,介紹 H R A 健康風險評估中 心,讓更多人了解檢查身體可以無創傷性、無 侵入性、無輻射傷害、無不良反應。

I joined the NU LIFE family in 2010. During my nine years of participation, the most memorable thing for me was when the company invited me to travel to Sydney, Australia. The memory is still extremely vivid! To achieve what I have achieved, I would like to thank Ms. Winsome Lau. In the beginning I suffered from osteoporosis. After examination, I found that mybone density index was negative. Winsome then introduced some products that dealt with bone health. Mybone density index returned to normal after four months, and I thank her for introducing such high-quality FFC. She helped me realise that I don't necessarily have to see a doctor when I am sick, I can also "treat my illness" using the principles of functional medicine.

Since the company's health lectures have taught me a lot about health and nutrition, I have now been able to help others and have successfully developed my own business in NUTTEE

In the future, I hope to develop the domestic market and continue to help more friends improve their health. Introducing people to the H R A Health Risk Assessment Center and letting them know that treatments non-invasive, non-radioactive and induce no adverse reactions.



大家好,我是嫦姐!當年因為丈夫陳富權先生的身體問題,於是在 Alex Doo 的月紹下認識 NU LIFE,並且於 2015年5月加入。我的成功格言是:莫找理由或成功。這句是當我在面臨就時勉勵自己的說話。得到今日的成就話。得到今日的成就話。得到今日的成就話。據想感謝的是簡志偉博士、Bruce、Alex Doo、Joe Lo,感謝他們關注我的健康和教授了很多知識。透過 NU LIFE 的功學與能學我我先生生命得以重拾健康,這是一學令我和家庭得以浴火重生的難忘經歷!參

翡翠總理 ID 余蒸嫦

JADE DIRECTOR - YU YIN SHEUNG, ADA

退休人士 / Retired

加 NU LIFE 原意是希望丈夫健康,其間增長了對健康的知識,關注了平時的飲食,使我也增強了自身的健康。

我的長處是願意幫助和關心別人,這樣主動和親善的接觸,加上自己的經歷,能使人產生共鳴,更容易拉近與人的關係,能使我更容易發展在 NU LIFE 的生意。

最初認識 NU LIFE 時,體健美、超級清毒素、關節絡大大改善了我們的健康!我目前希望財富與健康雙收,幫助更多人都能得到健康!

Hello everyone, I am Ada. Due to the physical problems my husband Mr. Chen Fuquan faced I discovered NU LIFE under the introduction of Alex Doo and joined in May 2015. My success motto is: Do not find reasons for failure, but to find reasons for success. This sentence of great encouragement when I face major setbacks. I am most grateful to Dr. Jawid Khan, Bruce, Alex Doo and Joe Lo for their attention to my health and granting me a vast amount of knowledge. Through the functional nutrition of NU LIFE, my husband has been able to regain his health. This is an unforgettable experience that has really changed

my life and the lives of my family! My original intention of participating in NU LIFE was for the hope that my husband would regain his health. He has in turn increased his knowledge of health and paid attention to his usual diet, which has had a positive effect on my health.

My strength is to be willing to help and care for others. This kind of proactive and heartfelt consideration, coupled with my own experience can resonate and help enhance interpersonal relationships. This in turn makes it easier for me to develop my ownbusiness at NU LIFE.

When I first began at NU LIFE, BodyFit, SupaDetox and FlexJoint Plus greatly improved myhealth! I now hope that both the wealth and health aspect can work in harmony to help more people achieve optimal health!

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褒獎

翡翠總理及明星總理





翡翠總理 JD 嚴新梅 JADE DIRECTOR - YIM SUN MUI, LILLIAN

明星總理 STAR DIRECTORS



陳貴騫 CHAN KWAI HIN



鄭子筠 CHENG TSZ KWAN



梁妙玲 LEUNG MIU LING



李心怡 LI SUM YI



沈達祥 SHUM TAT CHEUNG



黃麗儀 WONG LAI YI



楊麗琼 YEUNG LAI KING

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RECOGNITION

Director & Assistant Manager

DIRECTORS 總理 DR

陳惠玲	Chan Wai Ling	嚴美淋	Im Mei Lam	顏素婉	Ngan So Yuen
鄭子筠	Cheng Chi Kwan	江 塋	Jiang Ying	曾秀霞	Tsang Sau Ha
鐘順娣	Cheong Soon Thai	林翠玲	Lam Chui Ling	尹玉儀	Wan Yuk Yee
張本立	Cheung Pun Lap	藍朱朱	Lan Isabella	黃凱華	Wong Hoi Wah
張詠茵	Cheung Wing Yan	練潔	Lan Kie	王順景	Wong Shun King
曹美兒	Cho Mi Yi	劉家俊	Lau Ka Chun	吳美慧	Woo Mi Wai Emime
朱錦源	Chu Kam Yu	梁翠華	Leung Chui Wah	楊惜英	Yeung Sik Ying
朱婉儀	Chu Yuen Yee	梁妙玲	Leung Miu Ling	楊榮旋	Yeung Wing Shuen
鍾惠萍	Chung Wai Ping	馬家豪	Ma Ka Ho Derek	嚴慧娥	Yim Wai Ngo
何佩兒	Ho Pui Yi Cristalyn	馬慕絲	Ma Mo Sze June		

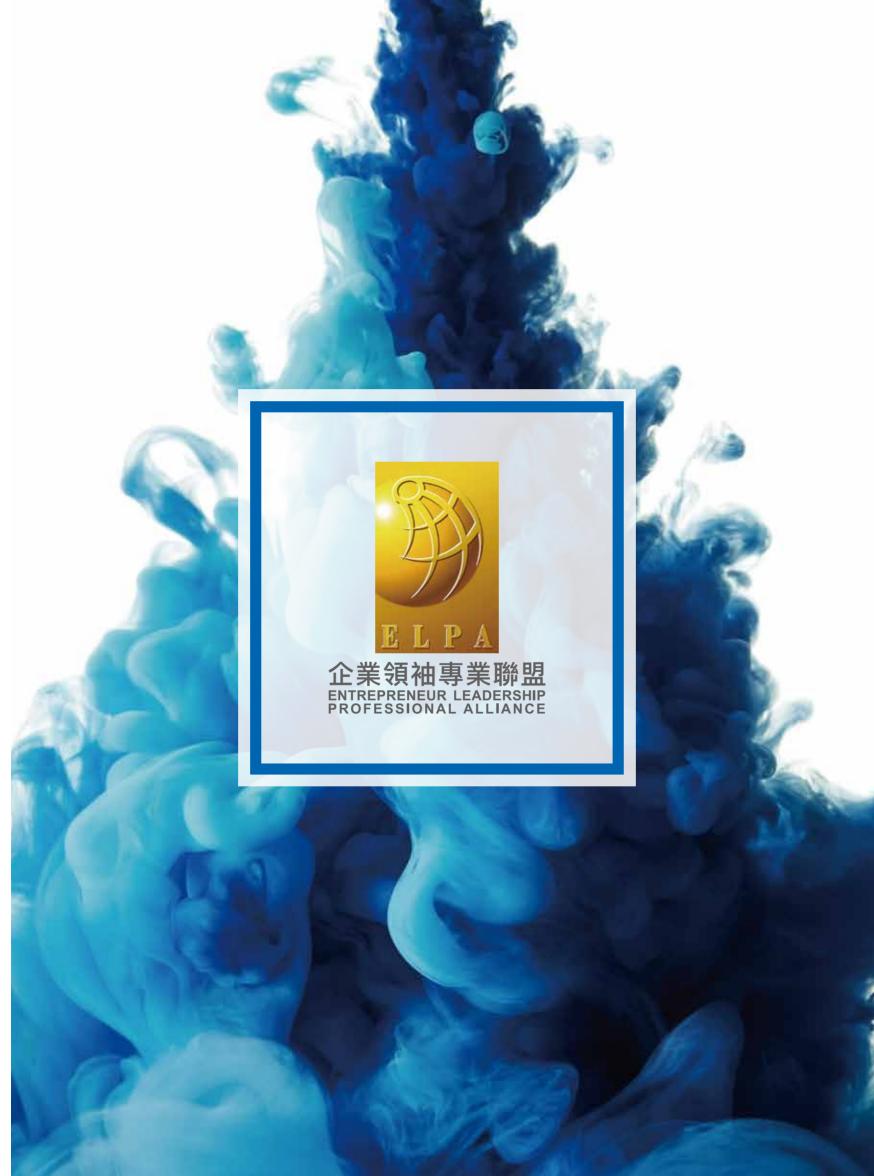
黃曼琦 Ng Mang Khie

ASSISTANT MANAGERS 副經理 AM

熊迪遜 Hung Dick Shun

陳炳坤	Chan Ping Kwan	劉秀蘭	Lau Sau Lan	曾麗華	Tsang Lai Wah
陳淑貞	Chan Shuk Ching	梁嘉文	Leung Ka Man	曾玉娟	Tsang Yuk Kuen
陳東霞	Chan Tung Ha	梁嘉容	Leung Ka Yung	曹順喜	Tso Shun Hei Pretty
張惠蓮	Cheung Wai Lin	李昌澤	Li Cheong Jaak	黃美環	Wong May Wan
蔡世芬	Choi Sai Fun	李桂英	Li Kwai Ying	王培雄	Wong Pui Hung
方綺萍	Fong Yee Ping	吳煒琳	Ng Wai Lam	黃慧筠	Wong Wai Kwan
葉能	Ip Nung	吳如霜	Ng Yu Sheung	楊建芬	Yeung Karen Kin Fun
姜桂興	Keung Kwai Hing	潘嘉典	Poon Gordon Michael	楊愛真	Yeung Oi Chun
關凱怡	Kwan Hoi Yee Karen	石麗珍	Shek Lai Chun	楊少龍	Yeung Siu Lung
郭惠珍	Kwok Wai Chun	成慧儀	Shing Wai Yee Cindy	葉嘉暉	Yip Ka Fai
林秀甜	Lam Sau Tim	鄧伊晴	Tang Yi Ching		

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PROFESSIONAL TRAINING

ELPA



企業領袖專業聯盟

ENTREPRENEUR LEADERSHIP PROFESSIONAL ALLIANCE

助您開始網絡營銷事業 Help You Start Your Network Marketing Business

助您成為一位專業及成功的領袖 Help You Turn Yourself Into A Professional And Successful Leader

助您建立一個成功的商業系統 Help You Develop A Successful Business System

REASONS TO JOIN ELPA 為甚麼要加入 ELPA?

UTILIZE GROUP POWER GATHERED WITH OVER 100 YEARS OF EXPERIENCES

運用集結 100 年經驗的團隊力量

TO LEARN THE PROCESS OF SUCCESS, TO BUILT A STRONG BUSINESS NETWORK, TO CHASE THE DREAM, TO ACHIEVE EXTRAORDINARY LIFE

學習成功流程,建立強大生意網絡,追尋夢想,實現非凡生活

PROMOTE PERSONAL GROWTH

促進個人成長

LEARN HEALTH KNOWLEDGE AND FUNCTIONAL FOODS CONCENTRATES KNOWLEDGE, HELP YOU AS WELL AS YOUR FRIENDS IN GAINING HEALTH

學習健康及功能性濃縮食品知識,幫助自己及朋友獲得健康

GROW WITH YOUR BUSINESS PARTNER

你和你的事業夥伴一起成長

BRING YOU WITH MORE REWARDS

為你帶來更多獎勵

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專業培訓

NU LIFE

專業領袖培訓課程



ELPA Business Seminar (EBS)

The Business Seminar (EBS) is held by ELPA organize 3 times each year, for training ELPA members to become outstanding entrepreneurs. Each Seminar covers a wide range of exciting talks given by professionals with different expertise, such as specialist in gastroenterology, physiotherapist, optometrist as well as motivational sharings made by our own ELPA leaders including ELPA Master Trainer - Mr. William Lau and ELPA Founder – Mr. Nasser Khan, as well as the latest health news brought to you by Dr. Jawid Khan.

專業領袖培訓課程

由 ELPA 舉辦的「專業領袖培訓」每年定期舉行 3 次。為培訓 ELPA 會員成為傑出企業家,每次 EBS 均邀請不同傑出專業人仕,如專科醫生、註冊脊醫、視光師、健美小姐等分享專業知識; ELPA 領袖親自分享 NU LIFE 成功祕訣; ELPA Master Trainer 劉福華先生與 ELPA 創辦人簡立信先生的激勵分享,有助個人成長亦有利事業發展; 簡志偉博士更為學員帶來最新專題健康資訊。

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PROFESSIONAL TRAINING

ELPA Business Seminar 2019



ADMINISTRATION DEPARTMENT 行政部



EVENTS DEPARTMENT 活動統籌部



MEDIA PRODUCTION DEPARTMENT 媒體制作部

EMC INAUGURATION 2019

The 2019 EMC Inauguration Ceremony was held in February. Mr. William Lau, Mr. Forster Chan, Ms. Winsome Lau and Rickey Yuen continue to become our EMC members for another term. During the ceremony, different departments including administration, event organization and media production have reported all activities held in the past year, as well as presenting their plans for the coming year. They assured to dedicate their efforts for contributing to the development of ELPA members.

2019 年度 EMC 就職典禮

2019 年度 EMC 就職典禮於 2 月份舉行。劉福華先生、陳科建先生、劉海燕小姐以及袁向弦繼續連任成為 EMC 委員。 當日各部門包括行政部、活動統籌部及媒體制作部為大家滙報了過住一年的活動及展望來年的安排。並承諾各 ELPA 會員會為大家作好裝備來迎接新一年的發展。

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專業培訓

® NU LIFE

專業領袖培訓課程 2019

6月June

















- 1. Chief Science Officer of NU LIFE, Dr. Jawid Khan, taught about "Disease starts in the gut, healthy gut healthy us". NU LIFE 科研總監簡志偉博士教授「百病從腸起,健康先健腸」。
- 2. Mr. Willaim Lau, Chairman of EMC, gave a detailed presentation on Healthy Gut Campaign survey. ELPA EMC 主席劉福華先生與大家分享健腸問卷調查結果。
- 3. Special guest Mr. Desmond Pang delivered the "Organization Performance Management Course", which enhanced the participants' organizational ability. 特別嘉賓 Mr. Desmond Pang 講解「組織績效管理課」,令學員們對組織管理有更深的理解。
- 4. HRA Senior nutritionist Joann Lau, help to analysis the Gut prebiotics video information. HRA 中心認可高級營養師劉子晴小姐為大家分析「腸菌大王」影片資料。
- 5. All students received BrainProtek as a reward of their hard work. 眾學員獲贈 「腦健靈」作為勤學獎禮品。
- 6. Chairman of ELPA, Mr. Nasser Khan, presented Appreciation Certificates to guest speakers. ELPA 主席簡立信先生頒贈感謝狀予眾演講嘉賓。
- 7. Good effort! Let's massage for one anotherr. 辛苦了,一齊按摩。

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PROFESSIONAL TRAINING

ELPA Business Seminar 2019











- 1. NU LIFE Senior Operation Manager Mr. Jerry Man introduced the "NU LIFE Global Reward System". NU LIFE 營運及市場拓展總監文宇亮先生為大家講解「NU LIFE 全球獎勵制度」。
- 2. Chairman of EMC Mr. Willaim Lau's insight sharing. ELPA EMC 主席劉福華先生為大家分享。
- 3. Chief Science Officer of NU LIFE, Dr. Jawid Khan, taught about "GI 3 elements Develop your Intestines' natural instinct". NU LIFE 科研總監簡志偉博士教你「GI 3 元素 好好發展你的腸道的天賦本能」。
- 4. NU LIFE Nutritionist Kristen Lok, taught about "GI 3 elements Develop your Intestines' natural instinct". NU LIFE 營養師 Kristen 講解「GI 3 元素 好好發展你的腸道的天賦本能」。
- 5. Mr. Nasser Khan, presented Appreciation Certificates to guest speakers. 簡立信先生頒贈感謝狀予演講嘉賓。
- 6. Chairman of ELPA, Mr. Nasser Khan, presented Appreciation Certificates to 2019 EMC members. ELPA 主席簡立信先生頒贈委任狀予 2019 年度 EMC 成員。
- 7. All students received Pre-Biotic as a reward of their efforts. 眾學員獲贈 益菌活能寶作為勤學獎禮品。







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專業領袖培訓課程 2018

6月June

















- 1.Chief Science Officer of NU LIFE, Dr. Jawid Khan, taught about the importance of understanding gut health. NU LIFE 科研總監簡志偉博士教授大家如何深入認識腸道健康的重要性。
- 2.NU LIFE External Affairs Director, Mr. Tony Chan explained how "External Affairs is no small matters" help to operate legally in China market.
 - 安永中國全國外事總監陳濤先生講解「外事無小事」如何於中國市場合法經營。
- 3.Joyful (Mental Health) Foundation Counselor Mrs. Wong shared about "Panic Disorder and Anxiety Disorder". 嘉賓心晴行動的輔導員黃玉英小姐分享「驚恐症及焦慮症」。
- 4.The Chairman & ELPA Master Trainer, Mr. Nasser Khan, introduced about "The Secret Mannscript of Billionaire". ELPA Master Trainer 及主席簡立信先生大家講解「億萬富翁的秘笈」。
- 5.All students received Aloe CoolHeat Concentrateas a reward. 眾學員獲贈 - 濃縮蘆薈按摩膏作為勤學獎禮品。
- 6.EMC Chairman, Mr. William Lau, presented Appreciation Certificates to guest speakers. ELPA EMC 主席劉福華先生頒贈感謝狀予演講嘉賓。

NU LIFE ANNUAL



PROFESSIONAL TRAINING

ELPA Business Seminar 2018

















- 1. The General Manager of NU LIFE, Ms Tina Wong, explained Global Bonus Plan. NU LIFE 總經理黃挺小姐為大家講解「NU LIFE 全球獎勵制度」。
- 2. ELPA Chairman, Mr. Nasser Khan, sharing the distinguishing characteristics of a leader. ELPA 主席簡立信先生教授大家領袖的特質。
- 3. A speech delivered by Chief Science Officer of NU LIFE, Dr. Jawid Khan. NU LIFE 科研總監簡志偉博士分享健康資訊。
- 4. A speech delivered by Mr. William Lau, the Chairman of EMC. ELPA EMC 主席劉福華先生為大家分享 「PHRM 事業冰山全貌」。
- 5. Chairman of ELPA, Mr. Nasser Khan, presented Appreciation Certificates to guest speakers. 簡立信先生頒發感謝狀予演講嘉賓。
- 6. Group photo of TSM members and the Master Trainer. 眾 TSM 成員與 Master Trainer 合照。
- 7. All students received Pineapple Coconut Body Scrub as awards. 眾學員獲贈 有機菠蘿椰子身體磨砂作為勤學獎禮品。

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專業培訓



國際知名專家深度訓練大會



INTERNATIONAL EXPERTS TRAINING FORUM

Entrepreneur Leadership Professional Alliance held the ELPA International Experts Training Forum on 20th November 2018 at the Kowloon Shangri-La Hotel Ballroom. The Seminar cornered a wide range of different expertise, including China Ling-zhi Research, Probiotics sharing, stem cell anti- aging technology sharing, DNA Health Research etc. The Seminar ended with Chairman, Mr. Nasser Khans' active sharing, members all gained much through this training.









企業領袖專業聯盟於 2018 年 11 月 20 日假座九龍香格里拉酒店宴會廳舉辦 ELPA 國際知名專家深度訓練大會。當日不同專業領域的專家為大家講解,包括:中國靈芝研究、益生元分享、幹細胞抗衰老技術分享、基因健康研究等令一眾學員眼界大開。最後當然不能缺少簡立信先生的積極分享,學員們經過這次訓練後獲益良多。



ELPA International Experts Training Forum officially began ELPA 國際知名專家深度訓練大會正式開始



Dr. Jefferey S. Blend, presented Certificates to TSM members 白蘭特博士頒發證書予一眾 TSM 會員



Congratulations to the iPhone lucky draw winners 恭喜一班 iPhone 幸運大抽獎得獎者



ELPA EVENT REVIEW

ELPA Charity Event



WALK FOR MILLIONS 2019

In 2019, ELPA joined the Walk for Million for 9 years consecutively. Our leaders are always not hesitating to contribute in charity events, actively participate in fundraising activities, and even took part in the Kick-off Ceremony and finishing the whole walk. We anticipate that the donations can reach a higher next year, helping more people in need.



The family attends the "Walk for Millions" charity event 一家大細出席百萬行



New Route, Central - Wan Chai Bypass 全新路線 - 中環灣仔繞道



ELPA 慈善活動 - 公益金百萬行 2019

2019 年連續第九年參加公益金百萬行。眾領袖做慈善不遺餘力,積極參與籌款活動,當日更身體力行出席起步 禮及行畢全程。完成後出席百萬行餐聚,佳餚美食,獎品豐富,玩得不亦樂乎,期望來年善款再創高峰,幫助更 多有需要的人士。



New Route, New Infrastructure 新路線,新基建



Mr. Khan doing his best at the "Walk for Millions"! 簡董身體力行,一同百萬行!



The prizes are plentiful for the winner of the games 遊戲冠軍,獎品豐富



Let's invite Mr. Lau for lunch 邀請劉老師一同午膳

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ELPA 活動回顧 新春團拜



成員合家新春團拜餐聚

LUNAR NEW YEAR PARTY Feb 2019 2019 年 2 月



New year singing competition 賀年歌唱大比拼



God of Wealth sends blessings to everyone 財神為大家送上祝福



Cheers! Meal is ready! 飲杯!開飯!



Tonight's MC: Sherman & Vanessa 是日司儀 Sherman & Vanessa



Mr. Lau was gaving a speech 劉 sir 致辭



Prize's of the day - SupaLingzhi 是日大獎超級靈芝皇



Congratulations on winning the price of SupaDetox 恭喜中獎獲得超級清毒素



ELPA EVENT REVIEW

GYB Day

真·有機火龍果水產農家私房美味遊

ORGANIC DRAGON FRUIT FARM VISIT DELICIOUS PRIVATE HOME CUISINE

2018年7月 Jul 2018



Champion's of the day 是日冠軍 - 亮晶晶



Playing the games intensely 認真玩遊戲



Warm up & sunbathing together 齊齊做熱身晒太陽



MC of game demonstrated for everyone 遊戲司儀給大家做實驗



The Tofu Pudding is so good 山水豆腐花好滑呀!



The owner of farm, Mr Lam introduced the dragon fruit ecology 富琴農莊莊主林生同大家講解 火龍果生態



Go up the mountain to watch the dragon fruit 上山細看火龍果



Homemade lotus leaf chicken is the most delicious food 合力親手造的荷葉包雞是最美味的





Let's drink the Mabo drink! 飲杯超活孖寶!





HEALTHY GUT CAMPAIGN

The Healthy Gut Movement Has Begun



A simple launching ceremony for the healthy gut movement 簡單而隆重的健腸運動啟動儀式

The intestine is not only the primary digestive organ of the human body, but also an important part of the immune system. There is knowledge that diseases originate in the gut. Having a healthy gut results in better overall health. Intestinal health problems can lead to other diseases appearing, therefore gut health must be of the utmost importance.

In the face of disease, quickly addressing the symptoms is extremely important in leading to the "cure"! Therefore, the Health Risk Assessment Center and NU LIFE have jointly launched the "Disease Starts In The Gut, Healthy Gut Healthy Us" campaign to further educate the public about intestinal health.







腸道不僅是人體的消化器官,更是人體重要的免疫器官。所謂「百病從腸起,健康先健腸」腸道健康出現問題, 其他疾病亦會相繼出現,所以要健康先要保持健康的腸道。

面對疾病,治標與治本同樣重要!因此,HRA 健康風險評估中心與 NU LIFE 合作推出《百病從腸起,健康先健腸》的健腸運動,以響應大眾對腸道健康的關注。

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健腸運動



健腸運動 正式啟動

Through data collection and research, we have created a new concept called the "intestinal movement - six elements". It states:

1. Ingestion of probiotics 2. Ingestion of high quality prebiotics 3. Quality hydration 4. Ingestion of high quality oils 5. Natural ingredients and adequate fiber 6. Good sleep, proper exercise

A clear path of communication towards the public, allowing them to be further educated on intestinal along with overall health.







At the same time, the HRA Centre has also invited individuals to participate in a detailed intestinal health survey . This survey has 4 purposes:

- 1. Give participants an in depth picture of their gut health.
- 2.Educate the public on the risk of intestinal disease along with prevention methods.
- 3. Advocate the implementation of the "intestinal movement six elements" protocol.
- 4.Collect data on public gut health and continuously monitor gut health-risks faced by the public, improving the PHRM personal health risk management services provided by the Center in the process.

We are convinced that having a healthy gut is the basis for health within the body and is also necessary in achieving a high level of overall health.



- 1. 攝取益生菌
- 2. 攝取優質益生元
 - 3. 攝取足夠好水
- 4. 攝取足夠優質油脂
- 5. 天然食材、足夠纖維
- 6. 良好睡眠、適當運動

我們通過資料搜集、研究等,創立了「健腸運動-六大要素」這個新的概念,內容為:

1. 攝取益生菌 2. 攝取優質益生元 3. 攝取足夠好水 4. 攝取足夠優質油脂 5. 天然食材、足夠纖維 6. 良好睡眠、適當運動

清晰表達讓公眾更容易了解,如何維持或建立一個健康的腸道系統,令個人健康更上一層樓。

同時,HRA 中心亦邀請受訪者進行深入的腸道健康問卷調查。此問卷調查 4 個目的:

- 1. 讓受訪者了解自己的腸道狀況
- 2. 唤醒大眾對腸道健康及預防相關疾病的關注
- 3. 提倡全民遵行「健腸運動 六大要素」
- 4. 收集與大眾腸道健康有關的數據,以持續監察大眾面對的健康風險,完善本中心 提供的 PHRM 個人健康風險管理服務。

我們深信,擁有健康的腸道為促進身體整體健康之本,亦是達至第三層次健康水平的 先決條件。



攝取優質

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HEALTHY GUT CAMPAIGN

The Healthy Gut Movement Has Begun

On April 26, 2019, we published a report on the Healthy Gut Survey in the "am730" newspaper to inform the public on the healthy gut campaign.

On the same day, we held a simple launch ceremony for the healthy gut movement during our monthly StarNight event. We will fully promote the healthy gut campaign through our ambassadors, in order to encourage the public to take note of their intestinal health.

In the StarNight events thereafter, an "Healthy Gut Tee" will be awarded to the ambassadors who have hit the target. They will also be invited to share their experiences.

於 2019 年 4 月 26 日,我們在「am730」報紙上刊登了關於腸道健康問卷調查的報道,讓公眾知道我們正在進行健腸運動,也協助各個健腸大使更容易踏出第一步。

同日,我們在星星之夜上舉辦了簡單而隆重的健腸運動啟動儀式,代表我們將全力推廣健腸運動,將此健康新概念透過健腸大使,宣揚給公眾去提高《百病從腸起,健康先健腸》的新知!

及後的星星之夜,頒發桃紅色版本的健腸孖寶 Tee 給完成目標的健腸大使。並且邀請他們分享問卷調查的心路 歷程和以健腸孖寶改善健康的經驗。







We have also introduced a series of healthy gut souvenirs, such as: mobile phone straps, coasters, folders and so on. In addition, we have designed the "GUT" mascots - JunJun & LiangLiang, enhancing the visual impression of healthy gut campaign with cute shapes!

我們更推出了一系列關於健腸運動的精品,例如:手機吊飾、杯墊、文件夾等。此外更設計了「GUT」腸物-菌菌、 良糧,以可愛的造型加深大家對於健腸運動的印象!













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健腸運動

NU LIFE

健腸運動 正式啟動







In addition, we have decorated Mr William Lau's Mini Cooper with the Healthy Gut theme 除此之外,我們更以健腸孖寶的主題,裝飾了劉福華先生的 mini cooper



At the StarNight event of October 25, 2019, we rewarded a group of ambassadors who have completed the 50 questionnaires or more and being promoted to "senior ambassadors".

於 2019 年 10 月 25 日的星星之夜,我們獎勵了一眾完成問卷 50 份或以上的健腸大使們,以開香檳的清脆聲音中,恭賀一眾新晉「資深健腸大使」!

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Interview With The Founder Of Functional Nutrition - Dr. Jeffrey S. Bland

THE "SYNBIOTIC" COMBINATION A NEW FIELD IN FUNCTIONAL NUTRITION

In mid 2019, NU LIFE along with ELPA and the HRA Center developed a questionnaire titled "Healthy Gut Campaign". This was intended to arouse public interest and educate the public on issues relating to gut health. Fast forward half a year and we have received the initial results.

In order to improve the efficacy of the "Healthy Gut Campaign" questionnaire, we set up a "Healthy Gut Education and Promotion Centre". This was aimed at gathering more participants for our survey. In addition, the center also utilized social network platforms to compile the data and results collected by this survey into an easily understandable release for the public. This allowed for a great improvement in regards to public knowledge and awareness about gut health. Along with the "Green your Body" initiation, a comprehensive and thorough level of health was made available.

During the initial stages of the "Healthy Gut Education and Promotion Centre", we went to the United States to interview Dr. Bland, the founder of Functional Medicine and get to know his "Disease starts in the gut, healthy gut healthy us" concept.

During the interview, Dr. Bland pointed out that many seemingly unrelated health problems, such as brain fog, headaches, joint pain, muscle pain, fatigue, and the inability to generate mental energy are all closely related to gut health. This is exactly the revolutionary breakthrough that scientific researchers have discovered in the field of

HEALTHY OUT
EDUCATION AND PROMOTION CENTRE
健腸運動教育及推廣中心

"Functional Food Concentrates" in the last 20 years.

He also pointed out that harmful gut bacteria can cause various problems for our brain, muscles and joints. Probiotics can help us drive away bad bacteria in our intestines and digestive system, addressing the root cause of these problems.

However, probiotics alone are not enough to maximize the benefits. Because probiotics are living bacteria, they require a source of food to survive. This is where prebiotics come into the picture. When taken in unison the synergistic effect becomes very apparent. Many health problems that in the past were hard to eradicate have been greatly improved by supplementing with probiotics and prebiotics. This is really a "new era of Functional Food Concentrates" according to Dr. Bland.





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健腸運動教育及推廣中心成立



專訪功能營養學之父 - 白蘭特博士

「益生菌」與「益生元」之協同效應[,] 帶領功能營養學邁向新領域

NU LIFE 聯同 HRA 中心及 ELPA 於 2019 年中發起「健腸運動」問卷調查,並製作相關工具,藉此喚醒市民對腸道健康的關注。經過半年努力,我們已經初見成效。

為進一步確立目標和加強「健腸運動」的影響力,我們成立「健腸運動教育及推廣中心」來延續問卷調查。此外,中心亦會透過社交網絡平台把「健腸大使」收集的數據和結論製作成深入淺出的資料發佈,從而接觸普羅大眾,讓大家了解自身腸道健康狀況、及早進行「個人健康風險管理」,並透過「環保身體」來達至「第三層次健康水平」。

在「健腸運動教育及推廣中心」籌備過程中,我們更遠赴美國專訪功能 營養學之父 - 白蘭特博士,並由他的專業角度來分析「百病從腸起,健 康先健腸」的趨勢。

專訪中,白蘭特博士指出,很多看似沒有直接關係的健康問題,例如: 思考不清晰、頭痛、關節痛、肌肉疼痛、精力低落、疲勞和頭腦無法保 持清醒等原來都和腸道健康息息相關。而這正是過去 20 年,科研人員 在「功能性食品濃縮食品」領域發現的革命性突破。



白蘭特博士 Dr. Jeffrey S. Bland

功能性營養學先驅 Functional Nutrition Pioneer



他又指出,腸道壞菌會為我們的頭部、肌肉以至關節帶來各種問題。而「益生菌」可以在我們的腸道及消化系統內幫助我們驅趕壞細菌,從根源性地處理健 康問題。

然而單是「益生菌」本身並不足以發揮最大效益。因為,「益生菌」也有自己的食糧,這就是「益生元」。在兩者互相補足的情況下,便能充分發揮協同效應。而過去,一些未能對症下藥的健康問題都能夠透過補充「益生菌」及「益生元」來得到改善。而這亦是白蘭特博士口中的「功能性濃縮食品新時代」!





HEALTHY GUT CAMPAIGN

Healthy Gut MABO Testimonial



Name 姓名:Shangi Li (李桂英)

Gender 性別:女性

Occupation 職業:NU LIFE Distributor 全職 NU LIFE 直銷商



MY HEALTH PROBLEM:

Constipation.

MY EXPERIENCE SHARING:

Defecation is very poor, from two to three days, and seven to ten days. And every time you have a bowel movement, it is very hard. It takes a lot of effort and spends a lot of time, which leads to emotional distress, and the skin is yellowish and dull.

At the beginning of this year, I was introduced to the HRAC Health Risk Assessment Service at the HRAC Health Risk Assessment Center. After testing, I found that many health problems were not thought of before. Among them, my large and small intestines were inflamed, large intestine motility disorders, gastritis and the most serious were parasites in the stomach pylorus, intestines and pancrea. I also had and heavy metal accumulation in the kidneys, heart and bronchus.

At that time, the dietitian suggested eating a series of functional concentrated foods, improving eating habits, eating more vegetables and fruits, and drinking at least eight glasses of water a day. After three days of eating the product, I felt that my bowel movement was more comfortable. I continued to eat for three weeks, during which he had no poop for a day, but it was much smoother and harder. After three weeks, the bowel movements returned to normal, which has greatly improved the problems for many years. My original small belly is flat, my skin color is bright, my spirit is very good and I feel energetic and confident.

MY REFLECTIONS:

I am very grateful to James for his careful follow-up and encouragement. I would like to thank the nutrition experts of the HRAC Health Risk Assessment Center for their professional advice and detailed explanation. HRA101 testing is worth recommending to friends who care about health, FFC and other general brands of health care products are genuinely different.

我的健康問題:

便秘。

我的經驗分享:

自小大便排便情況很差,輕則兩至三天一次,嚴重則七至十天一次。而且每次排便時非常辛苦,要用很大氣力及花很長時間,導致情緒十分困擾,皮膚較差帶黄和無光澤。

今年初經朋友介紹下,來 HRAC 健康風險評估中心做 HRA101 健康風險評估服務,檢測後發現身體很多健康問題是我之前沒有想到的。其中大、小腸發炎,大腸蠕動障礙,胃炎,最嚴重的是胃幽門、腸道和胰臟有寄生蟲,腎臟、心臟和支氣管有重金屬積聚等等。

當時跟從營養師建議食用了一系列的功能性濃縮食品,改善了飲食習慣,吃多了蔬菜和水果,每日喝足夠八杯水。食用產品三天後感覺排便舒服了。持續食用三星期,期間只有間中一天沒有便便,但比以前順暢了很多而且不用費力。三星期過後至今每天排便正常,大大改善了多年來的問題,心情變得靚靚,原本有的小肚腩都平伏了,膚色光亮起來,精神面貌非常好,人都感覺有活力和充滿自信。

我的感想:

非常感謝 James 細心跟進及鼓勵,更多謝 HRAC 健康風險評估中心營養師的專業意見和詳細解釋。HRA101 檢測很值得推介給身邊關心健康的朋友,和 FFC 與其他一般牌子的保健產品比較~與別不同。

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健陽運動



健腸孖寶實證分享



Name 姓名:Sylvia Tse 謝素霞

Gender 性別:女性

Occupation 職業: Civilian 文職

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MY HEALTH PROBLEM:

Constipation and gastrointestinal sensitivity.

MY EXPERIENCE SHARING:

I have always had problems with constipation and gastrointestinal sensitivity, and gastrointestinal sensitivity has been very troublesome for me, and there are many embarrassing situations. Even if you may not have eaten any special food, you may not be able to digest some food or have pressure on your stomach. You will suddenly have to go to the toilet during your journey without warning. I would try to take the subway and have to get off at the subway station and find the staff. The most embarrassing thing is that you can't get off the bus in the middle of the tunnel, you would need to endure the white lips and cold sweat! This situation has been going on for two years. It seems that Western medicine does not have any effect at all and cannot solve the fundamental problem. Therefore, I felt troubled. I was always worried that the same situation would occur. There would be several such emergencies in a year. So every time you want to take a long-distance car ride, you are very worried!

Later, my friend introduced me to the eutrophic bacteria of NU LIFE. Surprisingly, this situation has not appeared anymore. I have not had such an urgent and embarrassing situation in the past two years! It completely relieved my worry and this troublesome problem. I am relieved, and I can describe as happy! Later, I used NU LIFE's beneficial bacteria, and even the constipation problem was solved.

MY REFLECTIONS:

Solving the root cause problem is the cure method. No matter how careful you can be with your diet, and seeing the doctor cannot solve the problem, the increase of beneficial bacteria and raising bacteria can solve intestinal problems, the effectiveness of Healthy Gut MaBo is beyond my imagination!

我的健康問題:

便秘及腸胃敏感。

我的經驗分享:

我一直有便秘及腸胃敏感(輕瀉)同時出現的問題,而腸胃敏感一直非常困擾我,而且出現不少尷尬情況。就算沒有吃了什麼特別食物,可能只是腸胃消化不了某些食物或有壓力,乘車途中便會忽然急便要立即去厠所,事前沒有任何跡象,曾試過乘搭地鐵要中途下車找地鐵職員去借洗手間,最尷尬的是乘搭隧道巴士中途無法下車,忍到面青唇白冷汗直流!這種情況維持了兩年,看西醫根本起不到什麼作用,不能解決根本問題,所以感到非常困擾,時時擔心不知道何時又出現同樣情況,一年中都會有好幾次這種緊急情況發生,所以每次若要乘搭長途車就非常擔心!

後來朋友介紹我食了 NU LIFE 的益億菌,不知不覺這種情況就再沒有出現了,至今兩年來一次都沒有發生過這種緊急又尷尬的情況了!完全解決了這個令人擔心又困擾的問題,我簡直如釋重負,非筆墨可以形容的開心!後來再食用 NU LIFE 的益菌優營素,連便秘問題也解決了。

我的感想:

針對根源問題去解決才是治本方法,之前無論如何小心飲食,及 看醫生都解決不了問題,原來增加益菌及養好菌就能解決腸道問 題,健腸孖寶的有效性超乎了我的想像!

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HEALTHY GUT CAMPAIGN

Survey Recognition

HEALTHY GUT AMBASSADOR

After the HEALTHY GUT CAMPAIGN LAUNCH, we have collected a total of 1546 healthy gut questionnaires, thanks to the efforts of all ambassadors. The following are the ambassadors who have completed 25 or more questionnaires. We thank them for their selfless dedication, enabling the entire Healthy Gut Campaign to go smoothly. We will recruit more Healthy Gut Ambassadors in the future, and we will promote the innovative concept of "Disease starts in the gut, healthy gut healthy us" and knowledge of maintaining gut health!

健腸大使

由健腸運動啟動儀式開始後,到本年9月30日星星之夜為止,我們總共收集到了1546份腸道健康問卷,有賴各個健腸大使的努力。以下為完成問卷調查25份或以上的健腸大使,感謝他們無私的奉獻讓整個健腸運動問卷調查得以順利收集數據。我們將會再未來的日子,納入更多健腸大使,將《百病從腸起,健康先健腸》的創新概念,以及維持腸道健康知識傳承下去!



完成問卷數量:25-49份(排名不分先後

















NU LIFE ANNUAL





PHRM

Personalized Health Risk Management

CONCEPT OF PHRM

IN ORDER TO GAIN EXCELLENT RETURN ON INVESTMENT,
YOU NEED TO UNDERSTAND PERSONALIZED INVESTMENT RISK MANAGEMENT.
IN ORDER TO GAIN THE BEST HEALTH LEVEL,
YOU NEED TO UNDERSTAND PERSONALIZED HEALTH RISK MANAGEMENT.

Social development, economic development, urbanization, together with an increase in population has brought us problems. These include air, water, soil, and food contamination, as well as heavy metals, parasites and additive overuse in foods. In addition, unhealthy lifestyles, emotion and stress issues also pose harm to people's health, causing numerous diseases.

Although traditional Western medicine can relieve problems such as infections, acute inflammations, it is only palliative. Meanwhile, it leads to an increased number of vertical (degenerative) diseases and long-term illnesses. People are starting to suffer at a younger age. This does not only affect personal health and quality of life, but also increases socio-economic burden. These are all urgent issues, and the right solution is needed as soon as possible.

In order for society to be developed sustainably, the resources of the country and family should be well managed and utilized, to face our daily challenges with professional knowledge and flexible adaptation, so as to enjoy a better quality of life. Of course, there is no exception to our health, we must apply Personalized Health Risk Management, because prevention is as important as curing. As the old saying goes, "to obtain good health, it is best to treat the disease early before it takes a hold".

Personalized Health Risk Management uses a comprehensive risk assessment to ascertain innate health characteristics and bodily functional status. Our professional team then provides report explanations and a health consultations, along with a personalized holistic solution according to the client's report. Lastly, health knowledge and the concept of Green Your Body are promoted. All together, these aim to achieve the health management policy of "addressing the symptoms as well as the root causes", helping and protecting the health of oneself and family.



Characteristics and Risk Assessment

Precise DNA testing is used to find out innate characteristics. Also, the root causes of body functional health problems are identified with advanced technology and devices.

Professional Explanation and Support

Report explanation, personalized health consultation and follow-up sessions are provided by professional functional medicine team.



Personalized Holistic Solution

Personalized holistic solution is customized according to personal innate characteristics and actual body functional status.

Risks and Health Knowledge

Understand functional medicine, individual disease risk and the Green Your Body concept through various health talks, so as to maintain optimal health by addressing the root causes of health problems.

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「個人健康風險管理」

「個人健康風險管理」的概念

想要卓越投資回報,就要懂得做好個人投資風險管理; 想要最佳健康水平,就要懂得做好個人健康風險管理。

社會經濟發展與都市化,加上人口增加,密度又高,緊接帶來的就是空氣、水、土壤及食物污染,重金屬、寄生蟲、食品添加劑等問題,加上不良生活方式、情緒及壓力等問題,以致人們的健康大大透支,毛病頻生。

雖然,使用傳統西醫藥治療已紓解水平性(傳染性、急性炎症等)疾病的問題,但可惜治標不治本。更令各種垂直性(退化性)疾病日益增多,長期病患不斷增加,更有年輕化的趨勢。這樣不僅影響個人的健康和家庭的生活品質,更勢必成為社會的沉重經濟負擔,實在刻不容緩,應盡快找出正確的解決方法。

衆所周知,無論是國家、家庭還是個人的資源都需要好好管理,積極面對每日的挑戰,運用專業知識,調整運作方式,社會才能持續發展,享有高品質的生活。當然,我們的健康也不例外,必須要做好「個人健康風險管理」,所以預防和治療同樣重要。俗語說:要身體好,就要「病向淺中醫」,更好能做到「預防勝於治療」。

個人健康風險管理是透過全面的風險評估,找出身體先天特質及後天功能狀況,再由一班專業團隊進行報告 解說及諮詢。根據個人情況度身訂製全面的個人健康解決方案,推廣健康知識與環保身體的概念,最終達到 「既治標又治本」的健康管理方針,維護自己和家人的健康。



特質及風險評估

專業解説及支援

以精準的基因檢測,找出個人先天特質。再而運用綜 合高端科技及各項精準儀器,以無傷害方法尋找出後 天功能問題之根源。 由專業功能醫學團隊進行報告解說及個人化的健康諮 詢及跟進。



個人化全面方案

風險及健康知識

根據個人的先天特質及後天身體功能狀況,度身定制 全面的解決方案。 透過出席健康專講學習功能醫學知識,了解自身疾病 風險,實踐環保身體概念,從根源解決身體健康問題, 學習運用環保身體概念維持最佳健康。達致第三層次 健康,日常生活身體充滿活力!

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個人健康風險管理 Personalized Health Risk Management



Characteristics & Risk Assessment



Professional Explanation & Support



Personalized Holistic Solution



Risk & Health Knowledge

充滿活力

食得瞓得排毒得

無病無痛





HRA CENTRE

5th Anniversary

今年是 HRA 中心成立五周年,在過去五年,本中心已為超過 5000 位客人提供全方位活動,深受客戶支持。2018 年我們更進軍國內市場,並以大灣區為基礎,設立「深圳安永健健康風險評估中心」,銳意讓國民認識「PHRM」這個健康新概念,讓更多人通過本中心所提供的服務了解自己的身體狀況,以達至第三層次的健康水平。

This year marks the fifth anniversary of the HRA Center. Over the past five years, the Center has provided a wide range of services for more than 5,000 guests and is well received by customers. In 2018, we entered the domestic market and established the "Shenzhen An Yong Health Risk Assessment Center" to serve the Greater Bay Area. We are committed to promoting the new concept of "PHRM", allowing more people access to the services provided by the center. Understand your physical condition to achieve a comprehensive and thorough level of overall health.







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健康風險評估中心 5 周年















深圳安永健健康風險評估中心 ShenZhen HRA Centre

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HRA CENTRE

Professional Team

PROFESSIONAL TEAM

More nutritionists have joined our professional team to satisfy the needs for our valued customers.



Dr. Jawid Khan 簡志偉博士

Specialist 健康風險評估中心營養學專家

簡志偉博士是國際享負盛名的人類生化學及營養學專家白蘭特博士的門生。多年來,他參與於美國 舉行的國際功能性醫學研討會,務求汲取最先進的健康醫學知識,令先進的醫學知識平民化。

簡博士屢次接受香港 (TVB)、中國、台灣、汶萊、馬來西亞及泰國的電視台、電台、報章及權威健康雜誌訪問,分析各種與健康、保健有關的課題。此外,由簡博士主講的健康講座數以萬計,他更成立「健康推廣計劃」,讓無數人受惠。

現時,簡博士擔任 HRA 健康風險評估中心專家,與專業營養師團隊實踐健康風險評估中心堅守的宗旨,幫助客人重拾健康。

Dr. Jawid Khan, Ph.D, is a devoted student of Dr. Jeffrey S. Bland, Ph.D, a world famous American human biochemical and nutrition expert. Despite of his substantial knowledge of functional medicine, Dr. Jawid Khan continuously strives to keep up with advances in this field by participating in various international conferences. He is dedicated to bring his health knowledge to the general public aiming to help them to improve their health.

Dr. Khan was interviewed by a number of TV channels in HK (TVB), China, Taiwan, Brunei, Malaysia and Thailand, as well as newspapers and renowned health magazines, to analyze and share all kinds of health related topics. In addition, he has hosted tens of thousands of lectures and established his own 'Health Promotion Program', which have benefited inumerable people.

Dr. Khan is the Specialist stationing in HRA Centre who leads a team of professional nutritionists to realize our mission and help more people regain better health.

Sally Cheng 程美娟 HRA Senior Nutritionist 認可高級營養師

Miss Sally Cheng, a Senior Nutritionist of HRA Centre, graduated from South China University, China. Sally has been providing nutrition training and has trained over 1000 public nutritionists and has been invited to Zhuhai Radio for nutrition sharing.

HRA 認可營養師程美娟小姐 (Miss Sally Cheng),畢業於華南師範大學,先後從事營養培訓工作,在公共營養師領域曾培訓過千學員拿到證書,曾受邀珠海電台先鋒 951 食話食說欄目講解飲食營養等話題。





Nicole Zheng 鄭演紅 HRA Senior Nutritionist 認可高級營養師

Miss Nicole Zheng, a Senior Nutritionist of HRA Centre, graduated from Guangzhou City Polytechnic, China, majoring in Food Nutrition and Healthcare. Nicole holds a Public Nutritionist (Level 3) qualification and Certificate of Inspection (Intermediate).

HRA 認可營養師鄭演紅小姐 (Miss Nicole Zheng) 畢業於廣州城市職業學院,就讀於食品系,主修專業為食品營養與保健,擁有國家三級營養師以及中級檢驗工資格證。

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健康風險評估中心

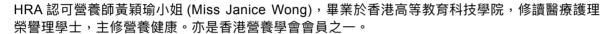


專業團隊

為了滿足顧客對服務的需求,更多營養師加入中心專業服務團隊。

Janice Wong 黃穎瑜 Nutritionist 認可營養師

Miss Janice Wong, a Nutritionist of our HRA Centre, has a Bachelor Degree of Science (Hons) in Health Care, majoring in Nutrition and Health from the Technological and Higher Education Institute of Hong Kong. Janice is also a member of Hong Kong Nutrition Association(HKNA).







Kristen Lok 駱嘉怡 Nutritionist 認可營養師

Miss Kristen Lok, a Nutritionist of our HRA Centre, has a Bachelor Degree of Science (Hons) in Health Care, majoring in Nutrition and Health from the Technological and Higher Education Institute of Hong Kong. Kristen is also a member of Hong Kong Nutrition Association(HKNA).

HRA 認可營養師駱嘉怡小姐 (Miss Kristen Lok),畢業於香港高等教育科技學院,修讀醫療護理榮譽理學士,主修營養健康。亦是香港營養學會會員之一。

Candy Wong 黃嘉妍 Nutritionist 認可營養師

Miss Candy Wong, a Nutritionist of our HRA centre, has a Bachelor Degree of Food Nutrition, majoring in Nutrition and Health from Providence University, Taiwan.

HRA 認可營養師黃嘉妍小姐 (Miss Candy Wong),畢業於台灣靜宜大學,為食物營養學系學士,主修營養與保健。





Sharon Lo 盧雪怡 Nutritionist 認可營養師

Miss Sharon Lo, a Nutritionist at HRA Centre, graduated from the Chinese University of Hong Kong and obtained a Bachelor (Honors) Degree of Food and Nutritional Science.

HRA 認可營養師盧雪怡小姐 (Miss Sharon Lo),畢業於香港中文大學,為食物及營養學榮譽學士。

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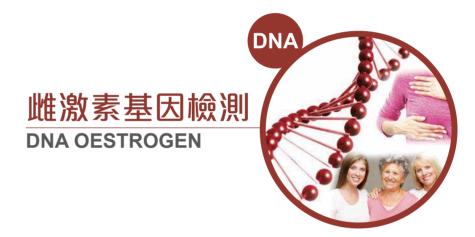
HRA CENTRE

HRA Centre's Service

DNA TESTS



基因健康檢測 DNA HEALTH













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健康風險評估中心 HRA 中心服務

基因檢測



運動表現基因檢測 **DNA SPORT**















HRA CENTRE

HRA Centre's Service

HRA 101 COMPLETE 8 ASSESSMENT SERVICE HRA101 孕套 8 項評估服務





BCA 精準身體組成分析評估

BCA PRECISION BODY COMPOSITION ASSESSMENT





CRA 心臟血管風險評估

CRA CARDIOVASCULAR RISK ASSESSMENT





CHRA 全面健康風險評估

CHRA COMPREHENSIVE HEALTH RISK ASSESSMEN





RES 身體系統活能支援

RES REJUVENATIVE ENERGY SUPPORT

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RENUSTEM BIOTECH LIMITED

Autologous Adipose Stem Cells Anti-Aging Service

自體脂肪幹細胞 再生醫學新突破



The most valuable insurance is "YOUR HEALTH AND YOUTH"!

青春、健康是您最值得投資的保險!

EXPRESS YOUR GRATITUDE, TO YOURSELF AND YOUR FAMILY!

温自己・温父母・温感恩

睿新達生物科技有限公司



自體脂肪幹細胞抗衰老服務

THE NOBEL PRIZE IN PHYSIOLOGY 獲諾貝爾生理醫學獎



The Nobel Prize in Physiology for the recent years has been presented in the field of cytology!

近年的諾貝爾生理醫學獎均頒發予細胞學領域!

The 1999 and 2000 edition of the world famous American Journal of Science named Stem Cells as one of the world's "TOP TEN SCIENTIFIC ACHIEVEMENTS".

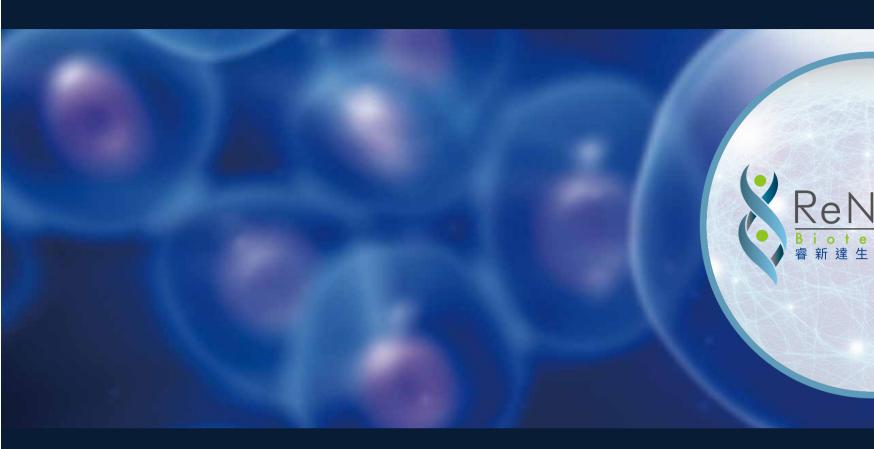
幹細胞於 1999 年和 2000 年美國著名期刊「SCIENCE」 將幹細胞和幹細胞生物工程評為世界十大科學成就之首





RENUSTEM BIOTECH LIMITED

Autologous Adipose Stem Cells Anti-Aging Service



AUTOLOGOUS ADIPOSE STEM CELLS ANTI-AGING SERVICE

Autologous Adipose Stem Cells Anti-Aging Service was renowned as a safe and effective breakthrough in regenerative medicine.

Only little amount of adipose tissue from body is required. Using differentiation technology, only stem cells with good quality are extracted from the adipose tissue, and then transfuse to one's body. It helps to boost the speed of cell recover and renew, promote the cells' metabolic rate, repair the damaged and aging tissues and cells, and finally improve general health of one's body.

Autologous Adipose Stem Cells Specialized Anti-Aging Transfusion Service can specifically repair the damaged and aging of specific organs, especially aging diseases.

Some researches suggested that the quantity of stem cells extracted from adipose tissue is generally 2500 times higher than that from bone marrow. Also, the adipose stem cells do not generate any rejection and do not have any risks of infectious diseases.

In the future, adipose stem cells will play a more and more important role in medical industry.

Through Autologous Adipose Stem Cells Anti-Aging Service, not only do you regain youth and sustainable health, so do your parents and grandparents.

The most valuable insurance is "YOUR HEALTH AND YOUTH"!

睿新達生物科技有限公司

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自體脂肪幹細胞抗衰老服務



自體脂肪幹細胞抗衰老服務

自體脂肪幹細胞抗衰老服務被喻為再生醫學的新突破,並且是安全、有效的。

只需抽取身體少量脂肪組織,利用分化技術,把脂肪中最佳的幹細胞萃取出來,然後將幹細胞回輸給自己使用, 有助促進細胞復原及更新速度、加速細胞代謝、補充及替代受損和遭到破壞的組織、器官細胞等,有助全面改善 身體機能。

而自體脂肪幹細胞針對性抗衰老修復回輸項目,可以針對性修復已受損及老化的指定器官。因此,對於退化性疾 病特別有效。

更有研究指出,從脂肪提取的幹細胞比骨髓提取的幹細胞數量高達約 2500 倍,而且沒有排斥反應,亦沒有感染 傳染病的風險。

未來,脂肪幹細胞在醫療領域將發揮愈來愈重要的作用!

通過自體脂肪幹細胞抗衰老服務,不但自己能青春健康,你的父母、祖父母也能享用此服務而重拾健康。

青春、健康是你最值得投資的保險!



RENUSTEM BIOTECH LIMITED

Autologous Adipose Stem Cells Testimonials



Name 姓名: Lisa (Judy 媽)

Gender 性別:女性 Age 年齡:64 歲

Occupation 職業:Retired Nurse 退休護士

PROBLEMS BEFORE USING SERVICE:

In 1999, I experienced frequent thirst, tiredness, cold sweat, difficult breathing, dizziness, and even lost 20lbs of weight. Later, I realized I have got Type 2 diabetes, with blood sugar level reaching 33 mmol/L (normal range: 4-7 mmol/L). I needed to take medicine every day and inject insulin every morning and night to control my blood sugar level.

Later, my legs became weak and bone spurs began to develop on my ankle. My daughter Judy then brought me to Dr. Jawid and I did the DNA Health test under his recommendation. It was found out that I missed two genes inherently, and therefore my detoxification ability, especially on heavy metals and parasites, is weak. Moreover, this leads to osteoporosis and further weakens my body.

IMPROVEMENTS AFTER USING SERVICE:

My daughter Judy became the first customer of the company after it launched the Autologous Adipose Stem Cells Anti-Aging Service. She purchased the Diamond Family Package and gave her stem cells to me. After the first transfusion, I felt very energetic and my body began to recover slowly. I then received 7 more transfusions at cardiovascular, liver, kidney and pancreatic tissues. Now, I felt like my body has recovered over 70%. I don't need medication anymore and my blood sugar level has dropped to 5-7mmol/L.

FEELINGS:

I would like to thank my daughter Judy. She reinvigorated me and restored my health by contributing her own stem cells. I would also like to thank Mr and Mrs Khan, Dr Jawid, Tina and nutritionists from the Health Risk Assessment Centre.

使用前身體問題:

在 1999 年,我的身體出現了很多病徵,例如:口乾、無力、經常標冷汗、呼吸不順、氣力不足、瘦了 20 磅,又經常暈。後來得知自己原來患上了糖尿病二型,糖尿病度數達到 33 度(正常 4-7 度),每天都要食糖尿病藥以及早晚打胰島素,控制糖尿病度數的水平。

後來,我雙腳越來越無力,發現腳睜生骨刺,因此我女兒 Judy 帶我去見簡博士,在他的專業建議下,我做了一個基因健康檢測 (DNA HEALTH) ,發現我缺乏了兩種因子,令我身體難以分解 對化學成份的毒素及進行排毒,重金屬和寄生蟲都不能排出,導致骨質疏鬆,令到身體比較衰弱。

使用後有甚麼改善:

我女兒 Judy 知道公司推出了自體脂肪幹細胞抗衰老計劃後,她成為了公司第一個客人,購買了鑽石家族套裝,並提供了幹細胞給我試用。進行第一次綜合回輸後,我覺得好精神,身體慢慢好轉,之後我再接受了七次回輸,分別是心血管、肝腎、胰臟等,我現在身體已經康復了七成,不用再食糖尿病藥,而且我的糖尿病度數已經回復到 5-7 度。

感想:

我好感謝我女兒 Judy,她為了我付出幹細胞,令我重燃希望,回復健康的生命,另外,我要多謝簡生、簡太、簡博士、TINA 以及 HRA 健康風險評估中心所有營養師。



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