

The background of the entire page is an abstract, artistic splash of vibrant green ink on a white surface. The ink forms complex, swirling, and billowing shapes that fill the frame, creating a sense of movement and organic form. In the center, there is a white rectangular box with a thin green border, which contains the logo and text.

PHRM

個人健康風險管理
Personalized Health Risk Management



CONCEPT OF PHRM

IN ORDER TO GAIN EXCELLENT RETURN ON INVESTMENT,
YOU NEED TO UNDERSTAND PERSONALIZED INVESTMENT RISK MANAGEMENT.
IN ORDER TO GAIN THE BEST HEALTH LEVEL,
YOU NEED TO UNDERSTAND PERSONALIZED HEALTH RISK MANAGEMENT.

Social development, economic development, urbanization, together with an increase in population has brought us problems. These include air, water, soil, and food contamination, as well as heavy metals, parasites and additive overuse in foods. In addition, unhealthy lifestyles, emotion and stress issues also pose harm to people's health, causing numerous diseases.

Although traditional Western medicine can relieve problems such as infections, acute inflammations, it is only palliative. Meanwhile, it leads to an increased number of vertical (degenerative) diseases and long-term illnesses. People are starting to suffer at a younger age. This does not only affect personal health and quality of life, but also increases socio-economic burden. These are all urgent issues, and the right solution is needed as soon as possible.

In order for society to be developed sustainably, the resources of the country and family should be well managed and utilized, to face our daily challenges with professional knowledge and flexible adaptation, so as to enjoy a better quality of life. Of course, there is no exception to our health, we must apply Personalized Health Risk Management, because prevention is as important as curing. As the old saying goes, "to obtain good health, it is best to treat the disease early before it takes a hold".

Personalized Health Risk Management uses a comprehensive risk assessment to ascertain innate health characteristics and bodily functional status. Our professional team then provides report explanations and a health consultations, along with a personalized holistic solution according to the client's report. Lastly, health knowledge and the concept of Green Your Body are promoted. All together, these aim to achieve the health management policy of "addressing the symptoms as well as the root causes", helping and protecting the health of oneself and family.



Characteristics and Risk Assessment

Precise DNA testing is used to find out innate characteristics. Also, the root causes of body functional health problems are identified with advanced technology and devices.

Professional Explanation and Support

Report explanation, personalized health consultation and follow-up sessions are provided by professional functional medicine team.



Personalized Holistic Solution

Personalized holistic solution is customized according to personal innate characteristics and actual body functional status.

Risks and Health Knowledge

Understand functional medicine, individual disease risk and the Green Your Body concept through various health talks, so as to maintain optimal health by addressing the root causes of health problems.



「個人健康風險管理」

「個人健康風險管理」的概念

想要卓越投資回報，就要懂得做好個人投資風險管理；
想要最佳健康水平，就要懂得做好個人健康風險管理。

社會經濟發展與都市化，加上人口增加，密度又高，緊接帶來的就是空氣、水、土壤及食物污染，重金屬、寄生蟲、食品添加劑等問題，加上不良生活方式、情緒及壓力等問題，以致人們的健康大大透支，毛病頻生。

雖然，使用傳統西醫藥治療已紓解水平性（傳染性、急性炎症等）疾病的問題，但可惜治標不治本。更令各種垂直性（退化性）疾病日益增多，長期病患不斷增加，更有年輕化的趨勢。這樣不僅影響個人的健康和家庭的生活品質，更勢必成為社會的沉重經濟負擔，實在刻不容緩，應盡快找出正確的解決方法。

衆所周知，無論是國家、家庭還是個人的資源都需要好好管理，積極面對每日的挑戰，運用專業知識，調整運作方式，社會才能持續發展，享有高品質的生活。當然，我們的健康也不例外，必須要做好「個人健康風險管理」，所以預防和治療同樣重要。俗語說：要身體好，就要「病向淺中醫」，更好能做到「預防勝於治療」。

個人健康風險管理是透過全面的風險評估，找出身體先天特質及後天功能狀況，再由一班專業團隊進行報告解說及諮詢。根據個人情況度身訂製全面的個人健康解決方案，推廣健康知識與環保身體的概念，最終達到「既治標又治本」的健康管理方針，維護自己和家人的健康。



特質及風險評估

以精準的基因檢測，找出個人先天特質。再而運用綜合高端科技及各項精準儀器，以無傷害方法尋找出後天功能問題之根源。

專業解說及支援

由專業功能醫學團隊進行報告解說及個人化的健康諮詢及跟進。



個人化全面方案

根據個人的先天特質及後天身體功能狀況，度身定制全面的解決方案。

風險及健康知識

透過出席健康專講學習功能醫學知識，了解自身疾病風險，實踐環保身體概念，從根源解決身體健康問題，學習運用環保身體概念維持最佳健康。達致第三層次健康，日常生活身體充滿活力！



PHRM

個人健康風險管理
Personalized Health Risk Management





健康風險評估中心
HEALTH RISK ASSESSMENT CENTRE

今年是 HRA 中心成立五周年，在過去五年，本中心已為超過 5000 位客人提供全方位活動，深受客戶支持。2018 年我們更進軍國內市場，並以大灣區為基礎，設立「深圳安永健健康風險評估中心」，銳意讓國民認識「PHRM」這個健康新概念，讓更多人通過本中心所提供的服務了解自己的身體狀況，以達至第三層次的健康水平。

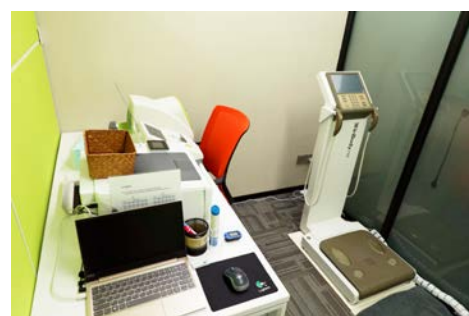
This year marks the fifth anniversary of the HRA Center. Over the past five years, the Center has provided a wide range of services for more than 5,000 guests and is well received by customers. In 2018, we entered the domestic market and established the "Shenzhen An Yong Health Risk Assessment Center" to serve the Greater Bay Area. We are committed to promoting the new concept of "PHRM", allowing more people access to the services provided by the center. Understand your physical condition to achieve a comprehensive and thorough level of overall health.



5th Anniversary Celebration 5周年慶典



健康風險評估中心 5 周年



深圳安永健健康風險評估中心 ShenZhen HRA Centre



HRA CENTRE

Professional Team

PROFESSIONAL TEAM

More nutritionists have joined our professional team to satisfy the needs for our valued customers.



Dr. Jawid Khan 簡志偉博士

Specialist
健康風險評估中心營養學專家

簡志偉博士是國際享負盛名的人類生化學及營養學專家白蘭特博士的門生。多年來，他參與於美國舉行的國際功能性醫學研討會，務求汲取最先進的健康醫學知識，令先進的醫學知識平民化。

簡博士屢次接受香港 (TVB)、中國、台灣、汶萊、馬來西亞及泰國的電視台、電台、報章及權威健康雜誌訪問，分析各種與健康、保健有關的課題。此外，由簡博士主講的健康講座數以萬計，他更成立「健康推廣計劃」，讓無數人受惠。

現時，簡博士擔任 HRA 健康風險評估中心專家，與專業營養師團隊實踐健康風險評估中心堅守的宗旨，幫助客人重拾健康。

Dr. Jawid Khan, Ph.D, is a devoted student of Dr. Jeffrey S. Bland, Ph.D, a world famous American human biochemical and nutrition expert. Despite of his substantial knowledge of functional medicine, Dr. Jawid Khan continuously strives to keep up with advances in this field by participating in various international conferences. He is dedicated to bring his health knowledge to the general public aiming to help them to improve their health.

Dr. Khan was interviewed by a number of TV channels in HK (TVB), China, Taiwan, Brunei, Malaysia and Thailand, as well as newspapers and renowned health magazines, to analyze and share all kinds of health related topics. In addition, he has hosted tens of thousands of lectures and established his own 'Health Promotion Program', which have benefited innumerable people.

Dr. Khan is the Specialist stationing in HRA Centre who leads a team of professional nutritionists to realize our mission and help more people regain better health.

Sally Cheng 程美娟
HRA Senior Nutritionist
認可高級營養師



Miss Sally Cheng, a Senior Nutritionist of HRA Centre, graduated from South China University, China. Sally has been providing nutrition training and has trained over 1000 public nutritionists and has been invited to Zhuhai Radio for nutrition sharing.

HRA 認可營養師程美娟小姐 (Miss Sally Cheng)，畢業於華南師範大學，先後從事營養培訓工作，在公共營養師領域曾培訓過千學員拿到證書，曾受邀珠海電台先鋒 951 食話食說欄目講解飲食營養等話題。



Nicole Zheng 鄭演紅
HRA Senior Nutritionist
認可高級營養師

Miss Nicole Zheng, a Senior Nutritionist of HRA Centre, graduated from Guangzhou City Polytechnic, China, majoring in Food Nutrition and Healthcare. Nicole holds a Public Nutritionist (Level 3) qualification and Certificate of Inspection (Intermediate).

HRA 認可營養師鄭演紅小姐 (Miss Nicole Zheng) 畢業於廣州城市職業學院，就讀於食品系，主修專業為食品營養與保健，擁有國家三級營養師以及中級檢驗工資格證。

專業團隊

為了滿足顧客對服務的需求，更多營養師加入中心專業服務團隊。

Janice Wong 黃穎瑜
Nutritionist
認可營養師



Miss Janice Wong, a Nutritionist of our HRA Centre, has a Bachelor Degree of Science (Hons) in Health Care, majoring in Nutrition and Health from the Technological and Higher Education Institute of Hong Kong. Janice is also a member of Hong Kong Nutrition Association(HKNA).

HRA 認可營養師黃穎瑜小姐 (Miss Janice Wong)，畢業於香港高等教育科技學院，修讀醫療護理榮譽理學士，主修營養健康。亦是香港營養學會會員之一。

Kristen Lok 駱嘉怡
Nutritionist
認可營養師



Miss Kristen Lok, a Nutritionist of our HRA Centre, has a Bachelor Degree of Science (Hons) in Health Care, majoring in Nutrition and Health from the Technological and Higher Education Institute of Hong Kong. Kristen is also a member of Hong Kong Nutrition Association(HKNA).

HRA 認可營養師駱嘉怡小姐 (Miss Kristen Lok)，畢業於香港高等教育科技學院，修讀醫療護理榮譽理學士，主修營養健康。亦是香港營養學會會員之一。

Candy Wong 黃嘉妍
Nutritionist
認可營養師



Miss Candy Wong, a Nutritionist of our HRA centre, has a Bachelor Degree of Food Nutrition, majoring in Nutrition and Health from Providence University, Taiwan.

HRA 認可營養師黃嘉妍小姐 (Miss Candy Wong)，畢業於台灣靜宜大學，為食物營養學系學士，主修營養與保健。

Sharon Lo 盧雪怡
Nutritionist
認可營養師



Miss Sharon Lo, a Nutritionist at HRA Centre, graduated from the Chinese University of Hong Kong and obtained a Bachelor (Honors) Degree of Food and Nutritional Science.

HRA 認可營養師盧雪怡小姐 (Miss Sharon Lo)，畢業於香港中文大學，為食物及營養學榮譽學士。



HRA CENTRE

HRA Centre's Service

DNA TESTS



基因健康檢測

DNA HEALTH



雌激素基因檢測

DNA OESTROGEN



基因檢測

DNA



運動表現基因檢測

DNA SPORT

DNA



體重管理基因檢測

DNA WEIGHT MANAGEMENT



創傷性

侵入性

輻射
傷害

副作用



HRA CENTRE

HRA Centre's Service

HRA 101 COMPLETE 8 ASSESSMENT SERVICE

HRA101 全套 8 項評估服務

身高體重指標
BODY MASS INDEX



BCA



BCA 精準身體組成分析評估

BCA PRECISION BODY COMPOSITION ASSESSMENT

血壓指數

BLOOD PRESSURE INDEX



CRA



CRA 心臟血管風險評估

CRA CARDIOVASCULAR RISK ASSESSMENT

血液含氧量測試

BLOOD-OXYGEN LEVEL CHECK



呼氣流量測試

EXPIRATORY FLOW CHECK

CHRA 全面健康風險評估

CHRA COMPREHENSIVE HEALTH RISK ASSESSMENT



RES



RES 身體系統活能支援

RES REJUVENATIVE ENERGY SUPPORT



ReNuStem

Biotech Limited

睿新達生物科技有限公司



RENUSTEM BIOTECH LIMITED

Autologous Adipose Stem Cells Anti-Aging Service

自體脂肪幹細胞 再生醫學新突破



**The most valuable insurance is
“YOUR HEALTH AND YOUTH” !**

青春、健康是您最值得投資的保險！

**EXPRESS YOUR GRATITUDE,
TO YOURSELF AND YOUR FAMILY!**

為自己 · 為父母 · 為感恩



THE NOBEL PRIZE IN PHYSIOLOGY 獲諾貝爾生理醫學獎



The Nobel Prize in Physiology for the recent years has been presented in the field of cytology!

近年的諾貝爾生理醫學獎均頒發予細胞學領域！

The 1999 and 2000 edition of the world famous American Journal of Science named Stem Cells as one of the world's "TOP TEN SCIENTIFIC ACHIEVEMENTS".

幹細胞於 1999 年和 2000 年美國著名期刊「**SCIENCE**」
將幹細胞和幹細胞生物工程評為世界十大科學成就之首





RENUSTEM BIOTECH LIMITED

Autologous Adipose Stem Cells Anti-Aging Service



AUTOLOGOUS ADIPOSE STEM CELLS ANTI-AGING SERVICE

Autologous Adipose Stem Cells Anti-Aging Service was renowned as a safe and effective breakthrough in regenerative medicine.

Only little amount of adipose tissue from body is required. Using differentiation technology, only stem cells with good quality are extracted from the adipose tissue, and then transfuse to one's body. It helps to boost the speed of cell recover and renew, promote the cells' metabolic rate, repair the damaged and aging tissues and cells, and finally improve general health of one's body.

Autologous Adipose Stem Cells Specialized Anti-Aging Transfusion Service can specifically repair the damaged and aging of specific organs, especially aging diseases.

Some researches suggested that the quantity of stem cells extracted from adipose tissue is generally 2500 times higher than that from bone marrow. Also, the adipose stem cells do not generate any rejection and do not have any risks of infectious diseases.

In the future, adipose stem cells will play a more and more important role in medical industry.

Through Autologous Adipose Stem Cells Anti-Aging Service, not only do you regain youth and sustainable health, so do your parents and grandparents.

**The most valuable insurance is
“YOUR HEALTH AND YOUTH” !**



自體脂肪幹細胞抗衰老服務

自體脂肪幹細胞抗衰老服務被喻為再生醫學的新突破，並且是安全、有效的。

只需抽取身體少量脂肪組織，利用分化技術，把脂肪中最佳的幹細胞萃取出來，然後將幹細胞回輸給自己使用，有助促進細胞復原及更新速度、加速細胞代謝、補充及替代受損和遭到破壞的組織、器官細胞等，有助全面改善身體機能。

而自體脂肪幹細胞針對性抗衰老修復回輸項目，可以針對性修復已受損及老化的指定器官。因此，對於退化性疾病特別有效。

更有研究指出，從脂肪提取的幹細胞比骨髓提取的幹細胞數量高達約 2500 倍，而且沒有排斥反應，亦沒有感染傳染病的風險。

未來，脂肪幹細胞在醫療領域將發揮愈來愈重要的作用！

通過自體脂肪幹細胞抗衰老服務，不但自己能青春健康，你的父母、祖父母也能享用此服務而重拾健康。

青春、健康是你最值得投資的保險！



RENUSTEM BIOTECH LIMITED

Autologous Adipose Stem Cells Testimonials



Name 姓名：Lisa (Judy 媽)

Gender 性別：女性

Age 年齡：64 歲

Occupation 職業：Retired Nurse 退休護士

PROBLEMS BEFORE USING SERVICE:

In 1999, I experienced frequent thirst, tiredness, cold sweat, difficult breathing, dizziness, and even lost 20lbs of weight. Later, I realized I have got Type 2 diabetes, with blood sugar level reaching 33 mmol/L (normal range: 4-7 mmol/L). I needed to take medicine every day and inject insulin every morning and night to control my blood sugar level.

Later, my legs became weak and bone spurs began to develop on my ankle. My daughter Judy then brought me to Dr. Jawid and I did the DNA Health test under his recommendation. It was found out that I missed two genes inherently, and therefore my detoxification ability, especially on heavy metals and parasites, is weak. Moreover, this leads to osteoporosis and further weakens my body.

IMPROVEMENTS AFTER USING SERVICE:

My daughter Judy became the first customer of the company after it launched the Autologous Adipose Stem Cells Anti-Aging Service. She purchased the Diamond Family Package and gave her stem cells to me. After the first transfusion, I felt very energetic and my body began to recover slowly. I then received 7 more transfusions at cardiovascular, liver, kidney and pancreatic tissues. Now, I felt like my body has recovered over 70%. I don't need medication anymore and my blood sugar level has dropped to 5-7mmol/L.

FEELINGS:

I would like to thank my daughter Judy. She reinvigorated me and restored my health by contributing her own stem cells. I would also like to thank Mr and Mrs Khan, Dr Jawid, Tina and nutritionists from the Health Risk Assessment Centre.

使用前身體問題：

在 1999 年，我的身體出現了很多病徵，例如：口乾、無力、經常標冷汗、呼吸不順、氣力不足、瘦了 20 磅，又經常暈。後來得知自己原來患上了糖尿病二型，糖尿病度數達到 33 度（正常 4-7 度），每天都要食糖尿病藥以及早晚打胰島素，控制糖尿病度數的水平。

後來，我雙腳越來越無力，發現腳脛生骨刺，因此我女兒 Judy 帶我去見簡博士，在他的專業建議下，我做了一個基因健康檢測（DNA HEALTH），發現我缺乏了兩種因子，令我身體難以分解對化學成份的毒素及進行排毒，重金屬和寄生蟲都不能排出，導致骨質疏鬆，令到身體比較衰弱。

使用後有甚麼改善：

我女兒 Judy 知道公司推出了自體脂肪幹細胞抗衰老計劃後，她成為了公司第一個客人，購買了鑽石家族套裝，並提供了幹細胞給我試用。進行第一次綜合回輸後，我覺得好精神，身體慢慢好轉，之後我再接受了七次回輸，分別是心血管、肝腎、胰臟等，我現在身體已經康復了七成，不用再食糖尿病藥，而且我的糖尿病度數已經回復到 5-7 度。

感想：

我好感謝我女兒 Judy，她為了我付出幹細胞，令我重燃希望，回復健康的生命，另外，我要多謝簡生、簡太、簡博士、TINA 以及 HRA 健康風險評估中心所有營養師。





*committed^{to} promoting
Health & Wealth!*

誠意推廣健康與財富